

Event 321 Female 1500 Metre Freestyle

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| H 1 | L 1 | Ella Took | 22 | UniOfStirl | 18:30.32 |
| | L 2 | Kristin Mackay | 18 | Fins | 18:26.10 |
| | L 3 | India Marshall | 21 | UoAPS | 18:21.35 |
| | L 4 | Sana Le Falher | 19 | Repton | 18:17.00 |
| | L 5 | Jennifer Smith | 16 | Bo Stockton | 18:19.77 |
| | L 6 | Lucy Willatts | 15 | Grantham | 18:25.40 |
| | L 7 | Jessica Thomas | 18 | Bo Stockton | 18:28.97 |
| | L 8 | Gwendolyn Mearns | 18 | Tynedale | 18:34.56 |
| Reserves | | | | | |
| | L 1 | Rebecca Sommerville | 20 | UoAPS | 18:35.73 |

Event 322 Male & Open 50 Metre Breaststroke

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| H 1 | L 2 | Euan Gray | 20 | UoAPS | 32.20 |
| | L 3 | Jacob Brookes | 21 | lo Man | 32.20 |
| | L 4 | Joshua Burkill | 17 | Millfield | 31.71 |
| | L 5 | Luke Garrity | 19 | Co Glasgow | 31.90 |
| | L 6 | Will Byram | 19 | Co Wakefield | 32.20 |
| | L 7 | James Farnan | 16 | lo Man | 32.20 |

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| H 2 | L 1 | Tyler Spalding | 17 | Carnegie | 31.66 |
| | L 2 | Cameron Duncan | 18 | Carnoustie | 31.51 |
| | L 3 | Zachary Bellhouse | 19 | lo Man | 31.38 |
| | L 4 | William Morris | 20 | Bo Stockton | 31.30 |
| | L 5 | Magnus Kelly | 21 | lo Man | 31.30 |
| | L 6 | Alain Vidot | 22 | UniOfStirl | 31.48 |
| | L 7 | Miller Cunningham | 17 | Glenrothes | 31.65 |
| | L 8 | Ruaraidh McCallum | 18 | Milngavie &B | 31.70 |

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| H 3 | L 1 | Jack Wallace | 20 | UoAPS | 31.18 |
| | L 2 | Thomas Harris | 17 | Clitheroe | 31.13 |
| | L 3 | Henry Guppy | 18 | Millfield | 31.07 |
| | L 4 | Thomas Davey | 20 | Uniofgalway | 30.93 |
| | L 5 | Alex Cantley | 16 | UoAPS | 30.99 |
| | L 6 | Gregor Ross | 18 | Co Glasgow | 31.08 |
| | L 7 | Harry Robinson | 16 | Reed's SC | 31.18 |
| | L 8 | Fraser Vandermeulen | 17 | Phoenix Aqua | 31.27 |

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| H 4 | L 1 | Ethan Collins | 17 | Phoenix Aqua | 30.90 |
| | L 2 | Ethan McMillan-Cole | 15 | Brighton Col | 30.80 |
| | L 3 | Aidan Fothergill | 22 | Edinburgh Un | 30.69 |
| | L 4 | Craig Shaw | 18 | Lanark | 30.54 |
| | L 5 | Jack Mitchell | 20 | UoAPS | 30.61 |
| | L 6 | Jacob Barnett | 19 | Co Sund'land | 30.70 |
| | L 7 | Adam Thompson | 21 | UniOfStirl | 30.81 |
| | L 8 | Ben Rogers | 21 | UoAPS | 30.90 |

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| H 5 | L 1 | Wilfred Leigh | 17 | Millfield | 30.40 |
| | L 2 | Max Higgins | 18 | Reed's SC | 30.36 |
| | L 3 | Brogan Smith | 15 | Glenrothes | 30.30 |
| | L 4 | Benjamin Cescon | 18 | Canada | 30.00 |
| | L 5 | Ruari Webster | 19 | UniOfStirl | 30.28 |
| | L 6 | Dylan Mitchell | 17 | Warrender Ba | 30.34 |
| | L 7 | Connor Mealin | 20 | lo Man | 30.38 |
| | L 8 | Kallum Aitchison | 20 | UoAPS | 30.43 |

Event 323 Female 50 Metre Butterfly

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| H 1 | L 1 | Sophie Steele | 19 | UoAPS | 30.59 |
| | L 2 | Emily Dawson | 17 | Milngavie &B | 30.50 |
| | L 3 | Amelia Morris | 15 | Derwent&Gate | 30.41 |
| | L 4 | Eva Alguero | 22 | Milngavie &B | 30.40 |
| | L 5 | Iona Reekie-Ayala | 16 | Aberdeen Dol | 30.41 |
| | L 6 | Gina Ren | 17 | Co Glasgow | 30.47 |
| | L 7 | Veronika Kariuki | 15 | East Lothian | 30.55 |
| | L 8 | Elizabeth Curphey | 17 | lo Man | 30.60 |

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| H 2 | L 1 | Lale Praeger | 17 | Mt Kelly | 30.35 |
| | L 2 | Katy Aitchison | 15 | Warrender Ba | 30.29 |
| | L 3 | Mairianna Patrick | 17 | StirlingSwim | 30.25 |
| | L 4 | Natasha McDonnell | 20 | UniOfStirl | 30.16 |
| | L 5 | Ami Rowell | 16 | Co Glasgow | 30.21 |
| | L 6 | Heather Clubb | 16 | Aberdeen Dol | 30.26 |
| | L 7 | Charlotte Craig | 15 | Ren 96 | 30.34 |
| | L 8 | Charlotte Hunter | 15 | N & D PP SC | 30.38 |

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| H 3 | L 1 | Katherine Noble | 18 | Newcastle | 30.10 |
| | L 2 | Raya Harrand | 18 | Tadcaster | 30.05 |
| | L 3 | Kayrine Kelly | 31 | Forth Valley | 30.00 |
| | L 4 | Nadine Wilson | 18 | Bo Stockton | 29.92 |
| | L 5 | Ellen Denny | 18 | Garioch | 29.98 |
| | L 6 | Bella Jones | 16 | Rtw Monson | 30.00 |
| | L 7 | Madisyn Stuart | 17 | UoAPS | 30.08 |
| | L 8 | Perrie Scobbie | 19 | Edinburgh Un | 30.12 |

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| H 4 | L 1 | Katie Coventry | 19 | Morpeth | 29.90 |
| | L 2 | Rebecca Shand | 19 | Aberdeen Dol | 29.85 |
| | L 3 | Freya Kealing | 16 | Carnegie | 29.80 |
| | L 4 | Louise Connell | 19 | UniOfStirl | 29.71 |
| | L 5 | Maja Curry | 16 | Heart of Mid | 29.71 |
| | L 6 | Melissa Turnbull | 20 | UniOfStirl | 29.80 |
| | L 7 | Josie Grimes | 17 | Warrender Ba | 29.88 |
| | L 8 | Isabella Thanassoulas | 17 | Hackney Ana | 29.91 |

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| H 5 | L 1 | Eloise Howarth | 19 | Birm'ham Uni | 29.70 |
| | L 2 | Abbie Craib | 15 | UoAPS | 29.46 |
| | L 3 | Alexa Mann | 20 | Bath Univ | 29.29 |
| | L 4 | Ilana Nightingale-Ellis | 18 | Rtw Monson | 29.20 |
| | L 5 | Sofia McMahan | 15 | UoAPS | 29.22 |
| | L 6 | Madison Beth Coull | 18 | UoAPS | 29.39 |
| | L 7 | Asma Le Falher | 21 | Lboro Uni | 29.50 |
| | L 8 | Tamenji Ada Miti | 19 | UoAPS | 29.70 |

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| H 6 | L 1 | Asta Maddox | 18 | Millfield | 29.19 |
| | L 2 | Keira Pemble | 19 | Edinburgh Un | 29.16 |
| | L 3 | Emma Scobie | 29 | Kirkintilloch | 29.00 |
| | L 4 | Alice Cumming | 18 | Co Glasgow | 28.90 |
| | L 5 | Connie Palmer | 19 | Birm'ham Uni | 28.99 |
| | L 6 | Ksenia Mann | 16 | Menzieshill | 29.09 |
| | L 7 | Jade Blake | 23 | UniOfStirl | 29.17 |
| | L 8 | Edith Price | 17 | Mt Kelly | 29.20 |

Event 324 Male & Open 100 Metre Freestyle

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| H 1 | L 2 | Bjorn-Sebastian Aaen | 19 | UniOfStirl | 1:01.28 |
| | L 3 | Panos Angelakis | 19 | UoAPS | 56.35 |
| | L 4 | Henry Gillam | 16 | Camden Swiss | 56.30 |
| | L 5 | Karol Leksander | 16 | Co Sund'land | 56.30 |
| | L 6 | Nathan McManus | 19 | Team England | 58.60 |
| | L 7 | Sam Downie | 20 | UniOfStirl | 1:05.90 |

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| H 2 | L 1 | Cameron Jamieson | 19 | Lboro Uni | 56.08 |
| | L 2 | Finch Geary | 18 | Step Rock | 55.70 |
| | L 3 | Aaron McGee | 16 | Co Sund'land | 55.63 |
| | L 4 | Austin Macpherson | 16 | Garioch | 55.53 |
| | L 5 | Ernest Hill | 17 | Reed's SC | 55.60 |
| | L 6 | Conan Swinney | 17 | Derwent&Gate | 55.70 |
| | L 7 | Rohan Bissett | 16 | Brighton Col | 55.84 |
| | L 8 | Christian Matheson | 17 | Newcastle | 56.20 |

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| H 3 | L 1 | Andrew Lu | 15 | Step Rock | 55.48 |
| | L 2 | Daniel Oliver | 21 | Birm'ham Uni | 55.40 |
| | L 3 | Brogan Smith | 15 | Glenrothes | 55.30 |
| | L 4 | Calum McKenzie | 17 | Perth City | 55.24 |
| | L 5 | Fergus Woodward | 20 | Portobello | 55.28 |
| | L 6 | Jamie Steadman | 19 | Team England | 55.32 |
| | L 7 | Ethan Williams | 19 | Newcastle | 55.41 |
| | L 8 | Jamie Beach | 18 | Newcastle | 55.50 |

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| H 4 | L 1 | James Gillies | 18 | Co Glasgow | 55.10 |
| | L 2 | Sam Simpson | 17 | Reed's SC | 55.10 |
| | L 3 | Jed Armitage | 18 | Highland ST | 55.00 |
| | L 4 | Benjamin Beale | 16 | Derwent&Gate | 54.94 |
| | L 5 | Thomas Bickford | 16 | Tynedale | 55.00 |
| | L 6 | Taylor Hutton | 18 | Carnegie | 55.06 |
| | L 7 | Tom Robinson | 17 | Alnwick Dol | 55.10 |
| | L 8 | Alexander Brown | 16 | Alnwick Dol | 55.11 |

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| H 5 | L 1 | Lewis Maxwell-Pauwels | 17 | Warrender Ba | 54.89 | H 13 | L 1 | Nikolai Sisnett | 16 | Co Glasgow | 52.00 |
| | L 2 | Conner Aspinall | 17 | Warrender Ba | 54.60 | | L 2 | Jack Jenkinson | 20 | UoAPS | 51.90 |
| | L 3 | Marcus Haigh | 18 | Wycombe Dist | 54.45 | | L 3 | Gavin Schinkelshoek | 17 | Canada | 51.82 |
| | L 4 | Benjamin McAvoy | 23 | UniOfStirl | 54.40 | | L 4 | Joseph Wey | 19 | Lboro Uni | 51.77 |
| | L 5 | Max Sochovsky | 17 | Millfield | 54.44 | | L 5 | Monty Smith | 17 | Wycombe Dist | 51.77 |
| | L 6 | Harry Willis | 15 | Newcastle | 54.49 | | L 6 | Melvin Bosson | 20 | Taby Sim | 51.84 |
| | L 7 | Gannon Robertson | 20 | UniOfStirl | 54.60 | | L 7 | Anton Semenyuk | 18 | Canada | 51.91 |
| | L 8 | Jack Pritchard | 19 | Wigan Best | 54.93 | | L 8 | Jacob Brown | 19 | Lboro Uni | 52.00 |
| H 6 | L 1 | Kashope Obatoyinbo | 16 | Mt Kelly | 54.35 | H 14 | L 1 | Lucas Brown | 20 | UniOfStirl | 51.70 |
| | L 2 | Conor McAteer | 19 | Swim Leinste | 54.13 | | L 2 | Efstratios Patsoureas | 18 | Sk Roi | 51.68 |
| | L 3 | Frank Lamb | 17 | Millfield | 54.07 | | L 3 | Reuben Alty | 18 | Millfield | 51.65 |
| | L 4 | George Bailey | 16 | Mt Kelly | 54.00 | | L 4 | Benjamin Davis | 19 | Mt Kelly | 51.60 |
| | L 5 | Edward Bell | 19 | Millfield | 54.05 | | L 5 | Alexander Moore | 19 | Wycombe Dist | 51.60 |
| | L 6 | Zachary Bellhouse | 19 | Io Man | 54.10 | | L 6 | Skye Sharples | 17 | Millfield | 51.66 |
| | L 7 | William Irvine | 17 | Mt Kelly | 54.30 | | L 7 | Benjamin Hatfield | 20 | Lboro Uni | 51.70 |
| | L 8 | Joshua Sackree | 18 | Co Peterboro | 54.38 | | L 8 | Noah Wheeler | 19 | Wycombe Dist | 51.70 |
| H 7 | L 1 | Oliver Parry | 18 | Team England | 53.90 | H 15 | L 1 | Robert Darbyshire | 23 | Bath Univ | 51.60 |
| | L 2 | Calum Macarthur | 18 | Milngavie &B | 53.80 | | L 2 | Thomas Exall | 24 | Lboro Uni | 51.54 |
| | L 3 | Kieran Lennox | 20 | UoAPS | 53.62 | | L 3 | Evan Davidson | 19 | Edinburgh Un | 51.50 |
| | L 4 | Alex Holmes | 16 | Glenrothes | 53.60 | | L 4 | Harley James | 21 | Lboro Uni | 51.48 |
| | L 5 | Max Morgan | 18 | Reed's SC | 53.61 | | L 5 | Benji Jeffreys | 19 | UniOfStirl | 51.50 |
| | L 6 | Tom Belt | 18 | Mt Kelly | 53.80 | | L 6 | Oliver Murray | 17 | Millfield | 51.50 |
| | L 7 | Filip Lindeberg | 19 | Taby Sim | 53.86 | | L 7 | Ewan Pedersen | 19 | Millfield | 51.59 |
| | L 8 | Oscar Bellinger | 18 | Plymouth Col | 53.93 | | L 8 | Logan Vandermeulen | 19 | Phoenix Aqua | 51.60 |
| H 8 | L 1 | Owen Wilson | 17 | Ramsbottom | 53.53 | Event 325 Female 200 Metre Backstroke | | | | | |
| | L 2 | Grier Vandermeulen | 21 | Phoenix Aqua | 53.47 | H 1 | L 2 | Leonie Bedborough | 17 | Heart of Mid | 2:31.89 |
| | L 3 | Adam Thompson | 21 | UniOfStirl | 53.40 | | L 3 | Rosie Stutchfield | 16 | Warrender Ba | 2:31.70 |
| | L 4 | Thomas Liddiard | 20 | Birm'ham Uni | 53.30 | | L 4 | Grace Picken | 16 | Warrender Ba | 2:31.40 |
| | L 5 | Nicholas Land | 18 | Newcastle | 53.32 | | L 5 | Freya Kealing | 16 | Carnegie | 2:31.43 |
| | L 6 | Dylan Broom | 24 | Swansea Uni | 53.47 | | L 6 | Madi Barber | 20 | UniOfStirl | 2:31.80 |
| | L 7 | Nebi Senguler | 16 | Highland ST | 53.52 | H 2 | L 1 | Ami Rowell | 16 | Co Glasgow | 2:31.00 |
| | L 8 | Noah Switzer | 19 | Swim Munster | 53.57 | | L 2 | Lucy Kellas | 18 | Bellshill | 2:30.50 |
| H 9 | L 1 | Harry Burns | 21 | Bath Univ | 53.24 | | L 3 | Isla Rousseau | 15 | Co Glasgow | 2:30.20 |
| | L 2 | James Boddie | 19 | UoAPS | 53.19 | | L 4 | Isabella Coane | 17 | Heart of Mid | 2:29.86 |
| | L 3 | Lucas Galant Draysey | 18 | Mt Kelly | 53.10 | | L 5 | Jessica Thomas | 18 | Bo Stockton | 2:30.10 |
| | L 4 | Colton Dorffeld | 17 | Millfield | 53.08 | | L 6 | Rebecca Sommerville | 20 | UoAPS | 2:30.40 |
| | L 5 | Giuliano Lastroni | 20 | UniOfStirl | 53.10 | | L 7 | Chloe Semple | 17 | Rutherglen | 2:30.90 |
| | L 6 | Benjamin Roberts | 17 | Grantham | 53.15 | | L 8 | Lauren Dunlop | 16 | Dumfries | 2:31.10 |
| | L 7 | Wilfred Leigh | 17 | Millfield | 53.20 | H 3 | L 1 | Caitlin Reid | 17 | Warrender Ba | 2:29.66 |
| | L 8 | Leon Taylor | 20 | Co B'Ton & H | 53.26 | | L 2 | Isabelle Wood | 21 | Edinburgh Un | 2:28.76 |
| H 10 | L 1 | Matthew Deffains | 19 | Birm'ham Uni | 53.00 | | L 3 | Abbie Craib | 15 | UoAPS | 2:28.60 |
| | L 2 | Peter Allen | 25 | UniOfStirl | 52.90 | | L 4 | Lucy Willatts | 15 | Grantham | 2:28.40 |
| | L 3 | Daniel Harvey | 19 | Swim Ulster | 52.85 | | L 5 | Charlotte McGavin | 16 | Hamilton | 2:28.50 |
| | L 4 | Jake Franse | 19 | UniOfStirl | 52.74 | | L 6 | Alisha Hodgson | 18 | Derwent&Gate | 2:28.60 |
| | L 5 | James Kilpatrick | 17 | Carnegie | 52.80 | | L 7 | Mollie Weir | 18 | Heart of Mid | 2:28.97 |
| | L 6 | Sidar Gullen | 20 | Edinburgh Un | 52.90 | | L 8 | Amy Rimmer | 15 | Bellshill | 2:29.70 |
| | L 7 | Harry Cook | 16 | Aberdeen Dol | 52.92 | H 4 | L 1 | Hannah McTernan | 17 | Newcastle | 2:27.50 |
| | L 8 | Elliot Arnell | 18 | Bo Stockton | 53.03 | | L 2 | Katy Aitchison | 15 | Warrender Ba | 2:26.80 |
| H 11 | L 1 | Christian Gayle | 19 | Lboro Uni | 52.70 | | L 3 | Kirsty Gilmore | 20 | Hamilton | 2:26.48 |
| | L 2 | Joe Jennings | 18 | Team England | 52.44 | | L 4 | Rebecca Augier | 22 | Derwent&Gate | 2:25.90 |
| | L 3 | James Dakin | 22 | Leeds Uni | 52.40 | | L 5 | Heather Clubb | 16 | Aberdeen Dol | 2:26.20 |
| | L 4 | Samuel Pyefinch | 21 | Birm'ham Uni | 52.30 | | L 6 | Amelia Morris | 15 | Derwent&Gate | 2:26.70 |
| | L 5 | Cameron Travis | 22 | UoAPS | 52.34 | | L 7 | Serena Gill | 17 | Reed's SC | 2:27.00 |
| | L 6 | Luca Power | 19 | Swim Leinste | 52.42 | | L 8 | Sierrah Broadbelt | 18 | Mt Kelly | 2:27.94 |
| | L 7 | Ryan Hardy | 18 | Mt Kelly | 52.44 | H 5 | L 1 | Nadine Wilson | 18 | Bo Stockton | 2:25.62 |
| | L 8 | Jack Bamborough | 18 | Co Cardiff | 52.70 | | L 2 | Ara Gill | 16 | Carnegie | 2:25.20 |
| H 12 | L 1 | Adam Tabernacle | 22 | Durham City | 52.23 | | L 3 | Lexi Mulcahy | 15 | Plymouth Col | 2:24.50 |
| | L 2 | Magnus Kelly | 21 | Io Man | 52.20 | | L 4 | Alice Forrest | 17 | Derwent&Gate | 2:24.25 |
| | L 3 | Lochlan Small | 17 | Mt Kelly | 52.20 | | L 5 | Rebecca Maling | 15 | Bellshill | 2:24.40 |
| | L 4 | Ethan Soppett-Moss | 17 | Lboro Uni | 52.01 | | L 6 | Lisa McNair | 17 | StirlingSwim | 2:25.20 |
| | L 5 | Danny Kish | 19 | Brighton Col | 52.10 | | L 7 | Abigail Crawford | 17 | Co Glasgow | 2:25.57 |
| | L 6 | Harry Robinson | 22 | Io Man | 52.20 | | L 8 | Matilda Smith | 17 | Co Sund'land | 2:25.70 |
| | L 7 | Charlie Phipps | 15 | Millfield | 52.20 | | | | | | |
| | L 8 | Edward Armitage | 23 | Derwent&Gate | 52.30 | | | | | | |

Event 326 Male & Open 200 Metre Backstroke

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| H 1 | L 2 | Rachata Khowboonchai | 16 | UoAPS | 2:21.10 |
| | L 3 | Zachary Weatherhead | 16 | UoAPS | 2:20.80 |
| | L 4 | Jack McGann | 21 | UniOfStirl | 2:20.44 |
| | L 5 | Harry Swarbrick | 15 | Carnegie | 2:20.47 |
| | L 6 | Kai Connolly | 19 | UoAPS | 2:20.90 |

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| H 2 | L 1 | Eliot Steven | 17 | Fauldhouse | 2:19.80 |
| | L 2 | Lewis Nelson | 17 | Eastkilbride | 2:19.10 |
| | L 3 | Jamie Ferries | 19 | Aberdeen | 2:17.84 |
| | L 4 | Charlie Ward | 18 | Bo Stockton | 2:17.40 |
| | L 5 | Aiden Anderson | 16 | UoAPS | 2:17.80 |
| | L 6 | James Farnan | 16 | Io Man | 2:17.90 |
| | L 7 | Jude Mowbray | 18 | Fauldhouse | 2:19.50 |
| | L 8 | Fergus Reid | 17 | Garioch | 2:20.20 |

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| H 3 | L 1 | Austin Macpherson | 16 | Garioch | 2:17.14 |
| | L 2 | Finlay Bennett | 17 | Rutherglen | 2:16.40 |
| | L 3 | Findlay Brown | 19 | East Lothian | 2:16.20 |
| | L 4 | Max Higgins | 18 | Reed's SC | 2:14.40 |
| | L 5 | Marcus Haigh | 18 | Wycombe Dist | 2:15.24 |
| | L 6 | Michael O'Neill | 17 | Bo Stockton | 2:16.20 |
| | L 7 | Kyle Mossman | 17 | Eastkilbride | 2:16.80 |
| | L 8 | Kouper Sloss | 17 | Ren 96 | 2:17.30 |

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| H 4 | L 1 | Edward Bell | 19 | Millfield | 2:13.40 |
| | L 2 | Aaron Drake | 17 | Warrender Ba | 2:12.40 |
| | L 3 | Ivan Gallagher | 18 | Derwent&Gate | 2:11.14 |
| | L 4 | Archie McGuire | 15 | Co Sund'land | 2:10.79 |
| | L 5 | Owen Brown | 17 | Newcastle | 2:10.90 |
| | L 6 | Harry Gibson | 17 | Newcastle | 2:11.80 |
| | L 7 | Cameron O'Donnell | 17 | Hamilton | 2:13.10 |
| | L 8 | Peter McGrother | 20 | Derwent&Gate | 2:14.00 |

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| H 5 | L 1 | Jed Armitage | 18 | Highland ST | 2:10.30 |
| | L 2 | Matthew Scott | 17 | Newcastle | 2:09.97 |
| | L 3 | Logan Jackson | 19 | UoAPS | 2:09.10 |
| | L 4 | Ben Carlyle | 16 | Grantham | 2:08.10 |
| | L 5 | Tyler Spalding | 17 | Carnegie | 2:08.50 |
| | L 6 | Conan Swinney | 17 | Derwent&Gate | 2:09.50 |
| | L 7 | Harry Robinson | 16 | Reed's SC | 2:10.10 |
| | L 8 | Jacob Bacon | 16 | Co Peterboro | 2:10.50 |

Event 327 Female 200 Metre Breaststroke

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| H 1 | L 3 | Emma Binnie | 17 | Inverclyde | 2:51.60 |
| | L 4 | Lula Milne | 15 | Co Glasgow | 2:51.00 |
| | L 5 | Isla Stuart | 15 | Warrender Ba | 2:51.01 |
| | L 6 | Veronika Kariuki | 15 | East Lothian | 2:52.20 |

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| H 2 | L 1 | Millie Rivers | 17 | Co Sund'land | 2:50.40 |
| | L 2 | Eilidh McNicol | 18 | Glenrothes | 2:49.40 |
| | L 3 | Amelia Burel | 16 | Glenrothes | 2:49.07 |
| | L 4 | Joey Lau | 17 | Derwent&Gate | 2:48.00 |
| | L 5 | Freya Tindale | 14 | Co Sund'land | 2:49.01 |
| | L 6 | Sophie Hamilton | 21 | Lboro Uni | 2:49.23 |
| | L 7 | Allanah Wilson | 18 | Bellshill | 2:49.40 |
| | L 8 | Lauren Cantley | 16 | UoAPS | 2:50.90 |

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| H 3 | L 1 | Madeleine Hoole | 15 | Warrender Ba | 2:47.00 |
| | L 2 | Leonie Bedborough | 17 | Heart of Mid | 2:45.72 |
| | L 3 | Katie Gillies | 17 | Renfrew Bath | 2:45.60 |
| | L 4 | Ava Ross | 17 | Co Glasgow | 2:45.20 |
| | L 5 | Gabriella Winton | 21 | Monifieth | 2:45.20 |
| | L 6 | Ava Bremner | 17 | Morpeth | 2:45.70 |
| | L 7 | Lucy Shore | 19 | Crewe Flyers | 2:46.62 |
| | L 8 | Josie Grimes | 17 | Warrender Ba | 2:47.50 |

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| H 4 | L 1 | Lexie Lamont | 17 | Aberdeen | 2:44.60 |
| | L 2 | Rose Keefe | 18 | Co Wakefield | 2:43.70 |
| | L 3 | Naomi Broadley | 16 | Co Wakefield | 2:43.40 |
| | L 4 | Scarlett Russell | 20 | Birm'ham Uni | 2:42.00 |
| | L 5 | Abbie Whitfield | 18 | Derwent&Gate | 2:42.30 |
| | L 6 | Alice Forrest | 17 | Derwent&Gate | 2:43.44 |
| | L 7 | Kayla Smith | 16 | Co Glasgow | 2:43.91 |
| | L 8 | Zoe Tollit | 16 | Brighton Col | 2:45.20 |

Event 328 Male & Open 100 Metre Butterfly

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| H 1 | L 1 | Oliver Carter | 26 | UniOfStirl | 1:02.98 |
| | L 2 | Aiden Anderson | 16 | UoAPS | 1:00.83 |
| | L 3 | Jamie Hay | 18 | Garioch | 1:00.67 |
| | L 4 | Dylan Mitchell | 17 | Warrender Ba | 1:00.58 |
| | L 5 | Finn Proud | 17 | Newcastle | 1:00.60 |
| | L 6 | Miller Cunningham | 17 | Glenrothes | 1:00.70 |
| | L 7 | Taylor Hutton | 18 | Carnegie | 1:00.83 |

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| H 2 | L 1 | Finlay Bennett | 17 | Rutherglen | 1:00.46 |
| | L 2 | Jason Van Der Merwe | 18 | Team England | 1:00.30 |
| | L 3 | Sam Adams | 19 | Hackney Ana | 59.74 |
| | L 4 | Roan Sheriff | 21 | Wycombe Dist | 59.61 |
| | L 5 | Christian Matheson | 17 | Newcastle | 59.70 |
| | L 6 | Karol Leksander | 16 | Co Sund'land | 1:00.25 |
| | L 7 | Harry Willis | 15 | Newcastle | 1:00.35 |
| | L 8 | Andrew Lu | 15 | Step Rock | 1:00.50 |

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| H 3 | L 1 | David Landman | 19 | Phoenix Aqua | 59.43 |
| | L 2 | Lewis Maxwell-Pauwels | 17 | Warrender Ba | 59.40 |
| | L 3 | Matthew Scott | 17 | Newcastle | 59.29 |
| | L 4 | Rory Young | 24 | Co Glasgow | 59.10 |
| | L 5 | Fergus Woodward | 20 | Portobello | 59.18 |
| | L 6 | Ernest Hill | 17 | Reed's SC | 59.40 |
| | L 7 | Zak Sheriff | 18 | Wycombe Dist | 59.40 |
| | L 8 | George Bailey | 16 | Mt Kelly | 59.52 |

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| H 4 | L 1 | Nathaniel Shonubi | 21 | UniOfStirl | 59.00 |
| | L 2 | Stephen Clegg | 31 | Edinburgh Un | 59.00 |
| | L 3 | Owen Wilson | 17 | Ramsbottom | 58.70 |
| | L 4 | Jasper Harrison | 17 | Best | 58.67 |
| | L 5 | Daniel Oliver | 21 | Birm'ham Uni | 58.70 |
| | L 6 | Charlie Ward | 18 | Bo Stockton | 58.98 |
| | L 7 | Filip Lindeberg | 19 | Taby Sim | 59.00 |
| | L 8 | Edward Hodgson | 17 | Newcastle | 59.01 |

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| H 5 | L 1 | Liam Marshall | 22 | Durham City | 58.38 |
| | L 2 | Jamie Beach | 18 | Newcastle | 58.13 |
| | L 3 | Ethan Williams | 19 | Newcastle | 58.12 |
| | L 4 | Rico Bringeman | 21 | Lboro Uni | 57.93 |
| | L 5 | Nebi Senguler | 16 | Highland ST | 58.02 |
| | L 6 | Skye Sharples | 17 | Millfield | 58.13 |
| | L 7 | Joshua Burkill | 17 | Millfield | 58.30 |
| | L 8 | Alfie Owen | 17 | Wigan Best | 58.51 |

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| H 6 | L 1 | Ross Anderton | 18 | Edinburgh Un | 57.79 |
| | L 2 | Benjamin Beale | 16 | Derwent&Gate | 57.70 |
| | L 3 | Melvin Bosson | 20 | Taby Sim | 57.66 |
| | L 4 | James Gillies | 18 | Co Glasgow | 57.60 |
| | L 5 | Sidar Gullen | 20 | Edinburgh Un | 57.60 |
| | L 6 | Fraser Tetlow | 20 | UoAPS | 57.68 |
| | L 7 | Xander Tovey | 16 | Millfield | 57.70 |
| | L 8 | Jacob Bacon | 16 | Co Peterboro | 57.88 |

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| H 7 | L 1 | Harry Cook | 16 | Aberdeen Dol | 57.39 |
| | L 2 | Harry Burns | 21 | Bath Univ | 57.35 |
| | L 3 | Benjamin Roberts | 17 | Grantham | 57.22 |
| | L 4 | Ethan Collins | 17 | Phoenix Aqua | 57.10 |
| | L 5 | Oscar Bellingier | 18 | Plymouth Col | 57.10 |
| | L 6 | Efstratios Patsoureas | 18 | Sk Roi | 57.24 |
| | L 7 | Rocco Giustiniani | 19 | Hackney Ana | 57.35 |
| | L 8 | Joseph Swart | 20 | SurreyUni SC | 57.40 |

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| H 8 | L 1 | Isaac Buchan | 19 | Leeds Uni | 56.75 | H 8 | L 1 | Poppy Worthington | 17 | Mt Kelly | 58.24 |
| | L 2 | Sean Donnellan | 19 | Swim Leinste | 56.48 | | L 2 | Suzie McNair | 19 | UniOfStirl | 58.07 |
| | L 3 | Finlay Davies | 20 | UniOfStirl | 56.42 | | L 3 | Ella Justice | 19 | Mt Kelly | 57.91 |
| | L 4 | James Kilpatrick | 17 | Carnegie | 56.17 | | L 4 | Poppy Baybutt | 21 | Birm'ham Uni | 57.89 |
| | L 5 | Cameron Travis | 22 | UoAPS | 56.30 | | L 5 | Halle Harris | 19 | Poole | 57.91 |
| | L 6 | Joshua Press | 23 | UniOfStirl | 56.43 | | L 6 | Lucy Fox | 20 | Lboro Uni | 58.06 |
| | L 7 | Roman Parham | 21 | UniOfStirl | 56.71 | | L 7 | Chloe Harris | 21 | Edinburgh Un | 58.10 |
| | L 8 | Hadi Alabed | 20 | UniOfStirl | 56.86 | | L 8 | Kianna Coertze | 18 | Warrender Ba | 58.26 |
| Event 329 Female 100 Metre Freestyle | | | | | | | | | | | |
| H 1 | L 3 | Eliza Humphrey | 21 | Swansea Uni | 1:14.49 | H 9 | L 1 | Mia Colyer | 21 | Birm'ham Uni | 57.79 |
| | L 4 | Toni Shaw | 23 | UoAPS | 1:05.96 | | L 2 | Taryn Weatherhead | 18 | Canada | 57.71 |
| | L 5 | Scarlett Humphrey | 21 | Lboro Uni | 1:08.60 | | L 3 | Jessica Gable | 19 | Rtw Monson | 57.66 |
| H 2 | L 1 | Caitlin Reid | 17 | Warrender Ba | 1:01.73 | | L 4 | Alice Young | 18 | Team England | 57.60 |
| | L 2 | Mollie Weir | 18 | Heart of Mid | 1:01.64 | | L 5 | Josephine Klein | 21 | UniOfStirl | 57.60 |
| | L 3 | Sofia McMahon | 15 | UoAPS | 1:01.50 | | L 6 | Lili Mundell | 16 | Heart of Mid | 57.70 |
| | L 4 | Emily Talkes | 14 | Lincoln Vulc | 1:01.39 | | L 7 | Holly Hibbott | 27 | Repton | 57.75 |
| | L 5 | Perrie Scobbie | 19 | Edinburgh Un | 1:01.47 | | L 8 | Asta Maddox | 18 | Millfield | 57.87 |
| | L 6 | Anna Lawson | 17 | East Lothian | 1:01.58 | Event 330 Male & Open 400 Metre Freestyle | | | | | |
| | L 7 | Madison Beth Coull | 18 | UoAPS | 1:01.70 | H 1 | L 1 | Sam Downie | 20 | UniOfStirl | 4:48.33 |
| | L 8 | Tylia Glynn | 20 | Knutsford | 1:05.40 | | L 2 | Bjorn-Sebastian Aaen | 19 | UniOfStirl | 4:31.43 |
| H 3 | L 1 | Phoebe Weatherill | 16 | Co Wakefield | 1:01.30 | | L 3 | Darragh Oldham | 17 | Heart of Mid | 4:22.20 |
| | L 2 | Isabella Thanassoulas | 17 | Hackney Ana | 1:00.96 | | L 4 | Keir Stormonth | 18 | Heart of Mid | 4:21.90 |
| | L 3 | Lily Green | 16 | Mt Kelly | 1:00.81 | | L 5 | Jamie Ferries | 19 | Aberdeen | 4:22.10 |
| | L 4 | Grace Turner | 19 | Grantham | 1:00.77 | | L 6 | Kouper Sloss | 17 | Ren 96 | 4:22.20 |
| | L 5 | Sophie Steele | 19 | UoAPS | 1:00.80 | | L 7 | Lewis Jones | 20 | Birm'ham Uni | 4:43.80 |
| | L 6 | Anna Dunlop | 17 | Dumfries | 1:00.90 | H 2 | L 1 | Andrew Paterson | 16 | Co Glasgow | 4:20.85 |
| | L 7 | Ella Cunningham | 17 | Co Glasgow | 1:01.10 | | L 2 | Tom Holt | 15 | Co Sund'land | 4:20.40 |
| | L 8 | Ella Poolman | 19 | UoAPS | 1:01.35 | | L 3 | Joshua Burkill | 17 | Millfield | 4:19.16 |
| H 4 | L 1 | Willow Kerr Muir | 17 | Plymouth Col | 1:00.67 | | L 4 | Michael O'Neill | 17 | Bo Stockton | 4:19.00 |
| | L 2 | Faye Rogers | 24 | Edinburgh Un | 1:00.46 | | L 5 | Panos Angelakis | 19 | UoAPS | 4:19.00 |
| | L 3 | Keira Pemble | 19 | Edinburgh Un | 1:00.31 | | L 6 | Harry Willis | 15 | Newcastle | 4:20.10 |
| | L 4 | Lilly Deller | 17 | Rtw Monson | 1:00.00 | | L 7 | Nikolai Sissett | 16 | Co Glasgow | 4:20.42 |
| | L 5 | Jessica Huggins | 18 | Team England | 1:00.00 | | L 8 | Samuel Rough | 15 | Co Glasgow | 4:21.50 |
| | L 6 | Seren Tallantyre | 18 | Morpeth | 1:00.31 | H 3 | L 1 | Henry Guppy | 18 | Millfield | 4:18.47 |
| | L 7 | Freya Tindale | 14 | Co Sund'land | 1:00.67 | | L 2 | Alex Holmes | 16 | Glenrothes | 4:17.80 |
| | L 8 | Isabella Coane | 17 | Heart of Mid | 1:00.70 | | L 3 | Aaron McGee | 16 | Co Sund'land | 4:17.00 |
| H 5 | L 1 | Madeleine Hoole | 15 | Warrender Ba | 59.80 | | L 4 | Giuliano Lastroni | 20 | UniOfStirl | 4:16.80 |
| | L 2 | Amelia Mardel | 21 | UoAPS | 59.78 | | L 5 | Cillian Cranney | 17 | Leander Asc | 4:16.90 |
| | L 3 | Raya Harrand | 18 | Tadcaster | 59.62 | | L 6 | Lewis Maxwell-Pauwels | 17 | Warrender Ba | 4:17.80 |
| | L 4 | Asma Le Falher | 21 | Lboro Uni | 59.60 | | L 7 | Aaron Drake | 17 | Warrender Ba | 4:18.04 |
| | L 5 | Anna Healey | 20 | Wigan Best | 59.60 | | L 8 | Kyle Connolly | 17 | Eastkilbride | 4:19.00 |
| | L 6 | Jade Blake | 23 | UniOfStirl | 59.77 | H 4 | L 1 | Archie McGuire | 15 | Co Sund'land | 4:16.30 |
| | L 7 | Jasmine Carter | 17 | Mt Kelly | 59.79 | | L 2 | Finn Proud | 17 | Newcastle | 4:15.30 |
| | L 8 | Amber Hinton | 16 | Dumfries | 59.92 | | L 3 | Ben Rogers | 21 | UoAPS | 4:12.00 |
| H 6 | L 1 | Maisie Dickinson | 19 | Birm'ham Uni | 59.39 | | L 4 | Leonardo Masserini | 17 | Brighton Col | 4:11.80 |
| | L 2 | Madeleine Hind | 17 | Rtw Monson | 59.35 | | L 5 | Alexander Brown | 16 | Alnwick Dol | 4:11.88 |
| | L 3 | Katherine Noble | 18 | Newcastle | 59.14 | | L 6 | Henry Gillam | 16 | Camden Swiss | 4:12.10 |
| | L 4 | Isobel Mather | 19 | Team England | 59.00 | | L 7 | Benjamin Thomas | 16 | Bo Stockton | 4:15.30 |
| | L 5 | Georgina Hawkins | 20 | Aberdeen Dol | 59.10 | | L 8 | Jason Van Der Merwe | 18 | Team England | 4:16.60 |
| | L 6 | Lale Praeger | 17 | Mt Kelly | 59.33 | H 5 | L 1 | Euan Jones | 20 | UniOfStirl | 4:10.40 |
| | L 7 | Millie Patterson | 20 | Swansea Uni | 59.37 | | L 2 | Jack Pritchard | 19 | Wigan Best | 4:09.30 |
| | L 8 | Molly Irvine-Watson | 17 | Dumfries | 59.50 | | L 3 | William Shepherd | 20 | UniOfStirl | 4:08.60 |
| H 7 | L 1 | Sadie Roberts | 16 | Mt Kelly | 58.87 | | L 4 | Aiden Anderson | 16 | UoAPS | 4:07.03 |
| | L 2 | Bella Jones | 16 | Rtw Monson | 58.64 | | L 5 | Timothy Leberl | 24 | Beckenham | 4:07.20 |
| | L 3 | Alexa Mann | 20 | Bath Univ | 58.40 | | L 6 | Oscar Bellinger | 18 | Plymouth Col | 4:08.80 |
| | L 4 | Anna Farrow | 21 | Bath Univ | 58.31 | | L 7 | Matthew Sawers | 17 | Wigan Best | 4:10.12 |
| | L 5 | Lexi Dunne | 17 | Mt Kelly | 58.34 | | L 8 | Max Sochovsky | 17 | Millfield | 4:11.25 |
| | L 6 | Honor Fox | 19 | Co Cardiff | 58.46 | H 6 | L 1 | Conner Aspinall | 17 | Warrender Ba | 4:06.80 |
| | L 7 | Izzy Blackhurst | 19 | Birm'ham Uni | 58.70 | | L 2 | Reuben Thomas | 17 | Mt Kelly | 4:06.10 |
| | L 8 | Ella Smith | 17 | Bo Stockton | 58.90 | | L 3 | Tom Belt | 18 | Mt Kelly | 4:05.24 |
| | | | | | | | L 4 | Sean Bugler | 20 | UniOfStirl | 4:05.00 |
| | | | | | | | L 5 | Adam McCauley-Wright | 19 | Team England | 4:05.14 |
| | | | | | | | L 6 | Matthew Deffains | 19 | Birm'ham Uni | 4:05.50 |
| | | | | | | | L 7 | Charlie Phipps | 15 | Millfield | 4:06.20 |
| | | | | | | | L 8 | Frank Lamb | 17 | Millfield | 4:06.90 |

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| H 7 | L 1 | Lucas Galant Draysey | 18 | Mt Kelly | 4:04.80 |
| | L 2 | Joshua Keogh | 18 | Team England | 4:03.90 |
| | L 3 | Luke Moore | 19 | Lboro Uni | 4:03.10 |
| | L 4 | Aidan Turner | 17 | Newcastle | 4:02.48 |
| | L 5 | Thomas Sansome | 23 | Wycombe Dist | 4:02.50 |
| | L 6 | Oliver Murray | 17 | Millfield | 4:03.72 |
| | L 7 | Edward Evans | 17 | Beckenham | 4:04.60 |
| | L 8 | Luca Power | 19 | Swim Leinste | 4:04.85 |

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| H 8 | L 1 | Lucas Peters | 23 | Lboro Uni | 4:02.27 |
| | L 2 | Monty Smith | 17 | Wycombe Dist | 4:01.90 |
| | L 3 | Filip Gero | 16 | Pk Azeta | 4:01.10 |
| | L 4 | Jack Booth Rudd | 22 | Portsmouth N | 4:00.70 |
| | L 5 | Arvin Chahal | 26 | UniOfStirl | 4:00.93 |
| | L 6 | Donatas Dragasius | 22 | Chelsea&West | 4:01.10 |
| | L 7 | Cameron Wrapson | 20 | UniOfStirl | 4:02.17 |
| | L 8 | Jack Bamborough | 18 | Co Cardiff | 4:02.30 |

Event 332 Female 200 Metre IM

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| H 1 | L 1 | Scarlett Humphrey | 21 | Lboro Uni | 2:48.97 |
| | L 2 | Toni Shaw | 23 | UoAPS | 2:41.57 |
| | L 3 | Amy Rimmer | 15 | Bellshill | 2:33.20 |
| | L 4 | Lauren Cantley | 16 | UoAPS | 2:32.80 |
| | L 5 | Hannah Bettinson | 20 | Lboro Uni | 2:33.20 |
| | L 6 | Lucy Shore | 19 | Crewe Flyers | 2:39.20 |
| | L 7 | Tia Johnson | 14 | Derwent&Gate | 2:47.90 |
| | L 8 | Eliza Humphrey | 21 | Swansea Uni | 3:04.73 |

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| H 2 | L 1 | Jessica Smith | 19 | UoAPS | 2:32.62 |
| | L 2 | Allanah Wilson | 18 | Bellshill | 2:32.30 |
| | L 3 | Ksenia Mann | 16 | Menzieshill | 2:31.70 |
| | L 4 | Ella Cunningham | 17 | Co Glasgow | 2:31.61 |
| | L 5 | Molly Irvine-Watson | 17 | Dumfries | 2:31.70 |
| | L 6 | Millie Rivers | 17 | Co Sund'land | 2:32.20 |
| | L 7 | Grace Brown | 18 | Newcastle | 2:32.40 |
| | L 8 | Erin Jones | 17 | Newcastle | 2:32.79 |

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| H 3 | L 1 | Amelia Burel | 16 | Glenrothes | 2:31.05 |
| | L 2 | Kirsty Gilmore | 20 | Hamilton | 2:30.82 |
| | L 3 | Zoe Tollit | 16 | Brighton Col | 2:30.10 |
| | L 4 | Abbie Whitfield | 18 | Derwent&Gate | 2:30.00 |
| | L 5 | Lisa McNair | 17 | StirlingSwim | 2:30.10 |
| | L 6 | Abbie Craib | 15 | UoAPS | 2:30.60 |
| | L 7 | Kayla Smith | 16 | Co Glasgow | 2:30.90 |
| | L 8 | Ava Smith | 15 | Garioch | 2:31.21 |

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| H 4 | L 1 | Isobel Munnoch | 19 | Morpeth | 2:28.96 |
| | L 2 | Sophie Steele | 19 | UoAPS | 2:28.80 |
| | L 3 | Scarlett Russell | 20 | Birm'ham Uni | 2:28.70 |
| | L 4 | Abigail Crawford | 17 | Co Glasgow | 2:28.21 |
| | L 5 | Ellen Denny | 18 | Garioch | 2:28.40 |
| | L 6 | Matilda Smith | 17 | Co Sund'land | 2:28.80 |
| | L 7 | Rose Keefe | 18 | Co Wakefield | 2:28.80 |
| | L 8 | Ava Ross | 17 | Co Glasgow | 2:30.00 |

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| H 5 | L 1 | Ellie-Louise Kennedy | 18 | Co Glasgow | 2:27.92 |
| | L 2 | Lilly Deller | 17 | Rtw Monson | 2:27.72 |
| | L 3 | Simona Kristofikova | 16 | Povazskobyst | 2:27.35 |
| | L 4 | Naomi Broadley | 16 | Co Wakefield | 2:26.20 |
| | L 5 | Amy Macleod | 20 | Co Glasgow | 2:26.50 |
| | L 6 | Faye Rogers | 24 | Edinburgh Un | 2:27.60 |
| | L 7 | Eve Horton | 20 | Wigan Best | 2:27.90 |
| | L 8 | Katie Coventry | 19 | Morpeth | 2:28.20 |

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| H 6 | L 1 | Alice Cumming | 18 | Co Glasgow | 2:26.00 |
| | L 2 | Evelyn Hallissey | 17 | Newcastle | 2:25.73 |
| | L 3 | Lexie Lamont | 17 | Aberdeen | 2:25.30 |
| | L 4 | Sadie Hunter | 18 | Team England | 2:24.50 |
| | L 5 | Olivia Quiller | 15 | Rtw Monson | 2:24.58 |
| | L 6 | Niamh Savory | 18 | Newcastle | 2:25.47 |
| | L 7 | Catherine Boddie | 22 | UoAPS | 2:26.00 |
| | L 8 | Lexi Mulcahy | 15 | Plymouth Col | 2:26.15 |