



EDINBURGH INTERNATIONAL SWIM MEET 2026

(Under World Aquatics Rules/Scottish Swimming Regulations)

Royal Commonwealth Pool, Edinburgh
13 – 15 March 2026

Licence number: L1/804/SS/MAR26

Supported by



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The Edinburgh International Swim Meet 2026 is licensed with World Aquatics and World Para Swimming. Times achieved can be used to claim European and World records and to achieve qualification times for major Championships.

MEET SPONSORS

The Edinburgh International Swim Meet is supported by Aquatics GB, City of Edinburgh Council, The University of Edinburgh and Scottish Swimming.

DATES**FRIDAY 13TH – SUNDAY 15TH MARCH 2026.****VENUE**

Royal Commonwealth Pool, 21 Dalkeith Road, Edinburgh, EH16 5BB

8 lane 50 metre pool with full electronic timing

6 lane 25m warm up and swim-down pool

AGE GROUPS

- 19 and over
- Junior – 18 and under

Age as at 31st December 2026.

Please note that qualifying and consideration times are the same for each age group.

EVENTS

50m Backstroke, Breaststroke, Butterfly, Freestyle	Junior, B and Super Final
100m Backstroke, Breaststroke, Butterfly, Freestyle	Junior, B and Super Final
200m Backstroke, Breaststroke, Butterfly, Freestyle	Junior, B and Super Final
150m IM (Para-Swimming)	Heats only
200m and 400m Individual Medley	Junior, B and Super Final
400m Freestyle	Junior, B and Super Final
800m and 1500m Freestyle	Heat Declared Winner

The fastest heats of each 800m and 1500m Freestyle event will be swum in the evening session.

The eight fastest athletes shall qualify for the Super Final regardless of age, the next eight athletes will qualify for the B Final regardless of age. The next eight Junior athletes will qualify for the Junior Final.

PRIZE MONEY

In 2026 we will be awarding prize money as follows:

Top three performances, Male/Open and Female, based on World Aquatic points.

1st - £600
2nd - £400
3rd - £200

Top performance by a Junior athlete, Male/Open and Female, based on World Aquatic points.

£200

TRANSGENDER

The Scottish Swimming Transgender & Non-Binary Competition Policy and FAQs can be found [here](#). Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Director and these matters will be communicated to and managed post event by the relevant Scottish Swimming staff. At no point will members be challenged on the day of a competition with any matters being resolved post-event.

As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category. No further action is required.

PARA-SWIMMING ENTRIES

We will accept entries for certain events (see Appendix 1) from athletes with a recognised classification (WPS, BS, BBS, Sport Excel or Virtus) which must be held on the Scottish Swimming, British Swimming or WPS Database / Master List at time of entry.

The Para-Swimming events will be integrated into the heats, seeded by absolute time. There will be no separate Para-Swimming finals, but Para-Swimmers can qualify for finals based on time achieved. Please note that Para times are consideration times. The organisers reserve the right to make cuts to ensure a balanced programme and the smooth running of the meet. Athletes with higher British Para points will take priority.

SAFEGUARDING

The primary safeguarding point of contact for the event in relation to wellbeing and protection matters or accidents is the Meet Director or edinburghism@gmail.com. The secondary point of contact is the Scottish Swimming Safeguarding Manager who can be contacted on 07801 578967 or s.dawson@scottishswimming.com.

EVENT CONTACT

Lindsay Lewis, Event Manager

Tel: **+44 7715 710581** Email: edinburghism@gmail.com

PROMOTER

Edinburgh International Swim Meet Committee, East District, Scottish Amateur Swimming Association.

COMPETITION DISCLAIMER

In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of The City of Edinburgh Swimming International Trust. The Edinburgh International Swim Meet Committee will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering, and accommodation.

ENTRY DEADLINE

12:00 (GMT) on **Tuesday 17th February 2026**

TRAINING

Open training will be available on **Thursday 12th March 2026, 16:00 – 20:00**

SESSION TIMES

	Friday 13th March		Saturday 14th March		Sunday 15th March	
	Warm Up	Start	Warm Up	Start	Warm Up	Start
Faster Heats	07:30	08:30	07:30	08:30	07:30	08:30
Slower Heats	11:30	12:30	11:30	12:30	11:30	12:30
Finals	16:30	17:30	16:30	17:30	16:00	17:00

Athletes will be allocated to morning and afternoon heats based on time, with the fastest athletes competing in the morning sessions as follows:

- 50m events – fastest 6 heats
- 100m events and 200m Free/IM – fastest 5 heats
- Other 200m events and 400m events – fastest 4 heats
- 800m and 1500m events – 2nd & 3rd fastest heats (fastest heat in finals session)

The meet organisers reserve the right to change these arrangements depending on entries received.

QUALIFYING & CONSIDERATION TIMES				
Male/Open			Female	
QT	CT		QT	CT
0:23.55	0:25.65	50 Freestyle	0:26.70	0:28.70
0:51.70	0:56.35	100 Freestyle	0:57.60	1:01.90
1:53.10	2:03.30	200 Freestyle	2:05.30	2:14.70
4:00.60	4:22.25	400 Freestyle	4:23.75	4:43.55
8:23.90	9:09.25	800 Freestyle	9:08.10	9:49.20
16:17.70	17:45.70	1500 Freestyle	17:27.25	18:45.80
0:29.65	0:32.30	50 Breaststroke	0:33.65	0:36.15
1:05.95	1:11.90	100 Breaststroke	1:13.75	1:19.30
2:25.20	2:38.25	200 Breaststroke	2:40.20	2:52.20
0:25.25	0:27.50	50 Butterfly	0:28.50	0:30.65
0:56.00	1:01.05	100 Butterfly	1:03.55	1:08.30
2:08.10	2:19.65	200 Butterfly	2:21.35	2:31.95
0:27.15	0:29.60	50 Backstroke	0:30.20	0:32.45
0:58.70	1:04.00	100 Backstroke	1:04.45	1:09.30
2:09.65	2:21.30	200 Backstroke	2:21.45	2:32.05
2:08.45	2:20.00	200 IM	2:22.75	2:33.45
4:37.60	5:02.60	400 IM	5:03.25	5:26.00

QT = Qualification Time. Any athlete with a QT for a given stroke/event is **guaranteed** to swim in that event.

CT = Consideration Time. These allow athletes to enter but do not guarantee a swim. If we cannot accommodate everyone within a reasonable session length, we will reject the slowest entries, based on time, across the different events that day. This will be done proportionately across events in the session in both the open and junior categories.

EVENT PROGRAMME

Friday 13 th March		Saturday 14 th March		Sunday 56 th March	
Session 1&2: Morning & Afternoon – Heats		Session 4 & 5: Morning & Afternoon – Heats		Session 7 & 8: Morning & Afternoon – Heats	
Male/Open	1500m Free (HDW)	Male/Open	400m IM	Female	1500m Free (HDW)
Female	100m Back	Female	800m Free (HDW)	Male/Open	50m Breast
Male/Open	100m Back	Male/Open	50m Back	Female	50m Butterfly
Female	200m Butterfly	Female	50m Back	Male/Open	100m Free
Male/Open	200m Free	Male/Open	100m Breast	Female	200m Back
Female	50m Free	Female	100m Butterfly	Male/Open	200m Back
Male/Open	50m Butterfly	Male/Open	200m Butterfly	Female	200m Breast
Female	400m Free	Female	400m IM	Male/Open	100m Butterfly
Male/Open	200m Breast	Male/Open	50m Free	Female	100m Free
Female	100m Breast	Female	50m Breast	Male/Open	400m Free
Male/Open	150m IM	Male/Open	800m Free (HDW)	Female	150m IM
Male/Open	200m IM	Female	200m Free	Female	200m IM

Session 3: Evening - Finals		Session 6: Evening - Finals		Session 9: Evening - Finals	
Male/Open	1500m Free (HDW) fastest heat	Male/Open	400m IM Junior, B & Super Final	Female	1500m Free (HDW) Fastest heat
Female	100m Back Junior, B & Super Final	Female	800m Free (HDW) Fastest heat	Male/Open	50m Breast Junior, B & Super Final
Male/Open	100m Back Junior, B & Super Final	Male/Open	50m Back Junior, B & Super Final	Female	50m Butterfly Junior, B & Super Final
Female	200m Butterfly Junior, B & Super Final	Female	50m Back Junior, B & Super Final	Male/Open	100m Free Junior, B & Super Final
Male/Open	200m Free Junior, B & Super Final	Male/Open	100m Breast Junior, B & Super Final	Female	200m Back Junior, B & Super Final
Female	50m Free Junior, B & Super Final	Female	100m Butterfly Junior, B & Super Final	Male/Open	200m Back Junior, B & Super Final
Male/Open	50m Butterfly Junior, B & Super Final	Male/Open	200m Butterfly Junior, B & Super Final	Female	200m Breast Junior, B & Super Final
Female	400m Free Junior, B & Super Final	Female	400m IM Junior, B & Super Final	Male/Open	100m Butterfly Junior, B & Super Final
Male/Open	200m Breast Junior, B & Super Final	Male/Open	50m Free Junior, B & Super Final	Female	100m Free Junior, B & Super Final
Female	100m Breast Junior, B & Super Final	Female	50m Breast Junior, B & Super Final	Male/Open	400m Free Junior, B & Super Final
Male/Open	200m IM Junior, B & Super Final	Male/Open	800m Free (HDW) Fastest Heat	Female	200m IM Junior, B & Super Final
		Female	200m Free Junior, B & Super Final		

Events in **Bold** include Para-Swimming entries.

ENTRIES AND TIMELINES

All entry times must have been set at an accredited/licensed competition since 1st January 2025. These should be from meets recorded in the Aquatics GB or World Aquatics rankings, or from a meet sanctioned by a National Governing Body.

Entries from athletes based in Great Britain should submit their entry using the following link – <https://www.swimmingresults.org/events/ei26/>. On entering your registration number, you will be shown the events for which you have a consideration time. Please select the events you wish to enter. You will then be guided to the payment process, using Paypal. You do not need a Paypal account. Once payment has been made, your entry will be registered. Please note: if you don't have a photo, coach and height information in your biog, entries will not be displayed.

Entries from athletes who are based outside Great Britain should submit their entry using the same link – <https://www.swimmingresults.org/events/ei26/>. Click on the icon – World Aquatics International Entrants and enter your details, the events that you wish to swim, and your submitted entry times, which must be equal to or faster than the relevant consideration time. You will then be guided to the payment process, using Paypal. Once payment has been made, your entry will be registered. Once the entries are submitted, a head and shoulders photograph must be emailed to edinburghism@gmail.com. This will allow your accreditation to be created and emailed to you.

In the event of any problems please contact us at edinburghism@gmail.com.

No refunds will be given after acceptances are published or for entries submitted outside the consideration times. Fees for rejected entries will be returned to clubs as soon as possible after the event.

Opening date for entries	Friday 9th January 2026.
Closing date for entries 12.00 (GMT)	Tuesday 17 February 2026.
Meet programme & other information published	Thursday 26 February 2025.

After entries have been opened, entries can be viewed here by clicking on Entryviewer:

<https://www.swimmingresults.org/events/ei26/>

ENTRY FEES

Entry Fee per Event: £14.00

WITHDRAWALS, RESERVES AND REPORTING TIMES

Withdrawals - Heats:

Any withdrawals (including reserves) prior to the first day of the Meet should be notified using the online form by clicking [here](#). Withdrawals for Day 1 must be notified no later than 18.00 on Thursday, 12th March 2026.

Withdrawals for subsequent days not previously notified must be lodged at the Recorders Desk no later than 18.00 on the day prior to the event.

Withdrawals - Finals:

Competitors wishing to withdraw from a Final (including reserves) must inform the Recorders in writing on the form provided within 30 minutes of Finalists Lists having been published or announced.

Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of a genuine illness or proven emergency) shall be suspended immediately from all further events in the meet.

Reserves:

A maximum of four reserves will be selected for the heats of each event. Four reserves will be named for finals in the 50m, 100m, 200m and 400m events. There will be two reserves for Junior finals. Where a reserve is brought in at short notice, they will occupy a vacant lane. There will be no reseeding.

Reporting Times:

Team staff will be provided with a timeline for each session. Athletes must report to the call room/marshalling area in line with this timeline or any subsequent amendment issued.

ACCREDITATION

Athletes and Team Staff will only be permitted poolside if they can show official accreditation. If the pass is forgotten, lost or mislaid, a replacement pass will be re-issued for a fee of £5.

Athletes:**UK Based**

Your accreditation will be sent to you by email on completion of your entry. Please print and bring to the event with you where lanyards and pouches will be provided.

Overseas

Your accreditation will be created and sent to you by email once the head and shoulders photograph has been submitted.

Team staff:

Team staff with a 2026 Scottish Swimming National or District annual pass can use this as accreditation for the EISM.

Team Staff requiring accreditation should submit their request [here](#). Applicants must submit one recent photograph (jpeg format) to edinburghism@gmail.com. This can be done once the request has been processed. Photographs should be taken under the same rules regarding passport photographs.

Accreditation will only be issued to Team Staff with a valid Disclosure Certificate/PVG/CRB through Scottish Swimming/Swim England/Swim Wales. In line with current legislation, valid Disclosure Certificates/PVG/CRB from any other agency, will not be accepted.

Team staff applying for accreditation from outside the UK should make arrangements for their National Governing Body to forward a letter of declaration to edinburghism@gmail.com confirming that all applicants have conformed with their home country's policy concerning child protection. Passes will not be issued without such a letter.

Once approved, Team staff will be emailed their accreditation for printing. A plastic wallet and lanyard will be issued at the event.

Closing date for applications – **Wednesday 4th March 2026**.

PHOTOGRAPHY

Throughout the Meet, there may be authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be made available to our media partners and uploaded to our website and our social network sites.

Should any competitor wish not to be photographed please request a form. If at any time a competitor wishes a static image to be removed from our website, 7 days' notice must be given to edinburghism@gmail.com after which the data will be removed.

By attending the event either as a participant, volunteer, team staff or spectator, you accept that any photographs / videos taken will not be used for illicit purposes or that pictures / films produced will not be altered in any way or uploaded onto the web without the consent in writing of the person(s) photographed / filmed. **The use of mobile phones or other electronic devices capable of photography is not permitted at any time in the changing village, toilets or shower areas.**

Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible and to avoid including other participants in images, particularly if those images are being shared with family and friends or through social media platforms.

The use of professional camera equipment and flash photography is prohibited at the Event. Only accredited media can use this type of equipment. Media wishing to gain accreditation must put the request in writing to the event organiser prior to the start of the competition.

LIVE STREAMING

The event will be live streamed and a link will be available on the EISM website.

PARKING

Parking is limited to the lower car park (with the exception of blue badge holders and families with young children) on a first come basis. Car parking is free for the first three hours, £10 for the next two hours and £5 per hour thereafter. Free parking must be validated in the Pool reception area. Details are available [here](#).

If there are team minibuses, spaces need to be reserved in advance and this can be done by emailing edinburghism@gmail.com

MEET CONDITIONS

A full list of meet conditions is available on our website and will be published in the programme. Please note:

- The meet organisers reserve full powers over the Edinburgh International Swim Meet.
- The competition will be held under World Aquatics Rules, and the conditions printed in the meet information and on the EISM website. For areas not covered by World Aquatics Rules, SASA regulations as set by Scottish Swimming, and Edinburgh Leisure facility guidelines, will apply.
- The meet is licensed by Scottish Swimming.
- Entries will only be accepted from competitors registered as members of countries affiliated to World Aquatics and whose athletes have the permission of the relevant Governing Body to attend.
- A competitor must be a registered member, or equivalent, of the club in whose name they are entered, at the date of entry.
- Drug testing facilities may be available on site. Random drug tests may also be made, in line with British and Scottish Swimming standard procedure.
- Mobile phones / other photography devices must not be used in the changing rooms, showers, and toilet areas. Those found using mobile phones, breaching this rule, may be excluded from the meet.
- Athletes should use the facilities provided in the changing village. They should not change in the seating area or toilets.
- Anything not covered above or included in ancillary information will be at the promoter's discretion.

APPENDIX 1

CONSIDERATION TIMES: PARA EVENTS

	Male/Open	Female	Male/Open	Female
50m Freestyle			100m Freestyle	
S1	1:57.65	1:45.70	4:49.05	4:49.05
S2	1:25.90	1:30.75	3:21.50	4:49.05
S3	0:52.95	1:05.55	1:49.85	2:11.15
S4	0:42.20	0:45.40	1:33.55	1:45.65
S5	0:34.80	0:44.15	1:19.45	1:34.85
S6	0:33.90	0:38.60	1:14.30	1:22.60
S7	0:31.30	0:37.50	1:10.65	1:21.20
S8	0:30.05	0:35.45	1:08.40	1:15.45
S9	0:28.35	0:32.35	1:01.90	1:10.40
S10	0:27.35	0:32.15	1:00.05	1:08.90
S11	0:30.70	0:34.35	1:06.55	1:16.55
S12	0:27.25	0:31.55	1:02.45	1:09.70
S13	0:27.55	0:31.50	1:00.05	1:07.95
S14	NA	NA	1:00.55	1:07.05
200m Freestyle			400m Freestyle	
S1	8:13.20	7:34.30	NA	NA
S2	6:12.45	6:59.60	NA	NA
S3	3:56.45	4:48.05	NA	NA
S4	3:23.45	4:06.00	NA	NA
S5	2:53.00	3:26.05	NA	NA
S6	NA	NA	5:41.45	6:12.05
S7	NA	NA	5:26.70	5:45.50
S8	NA	NA	5:12.00	5:36.00
S9	NA	NA	4:57.30	5:28.00
S10	NA	NA	4:41.80	5:13.00
S11	NA	NA	5:15.70	5:48.50
S12	NA	NA	4:51.50	5:41.60
S13	NA	NA	4:42.30	5:12.90
S14	2:11.90	2:26.60	4:51.00	5:16.50
50m Backstroke			100m Backstroke	
S1	1:52.75	1:49.05	3:54.75	3:43.30
S2	1:13.10	1:28.90	2:54.00	3:15.30
S3	0:53.05	1:05.90	NA	NA
S4	0:48.60	0:57.35	NA	NA
S5	0:38.15	0:44.00	NA	NA
S6	NA	NA	1:26.20	1:34.15
S7	NA	NA	1:20.15	1:34.20
S8	NA	NA	1:14.15	1:25.00
S9	NA	NA	1:10.80	1:20.50
S10	NA	NA	1:07.80	1:19.05
S11	NA	NA	1:18.05	1:26.70
S12	NA	NA	1:09.95	1:20.45
S13	NA	NA	1:06.80	1:16.60
S14	NA	NA	1:07.00	1:16.65

	Male / Open	Female	Male / Open	Female
50m Breaststroke			100m Breaststroke	
SB1	3:06.35	1:53.70	NA	NA
SB2	1:13.70	1:53.70	NA	NA
SB3	0:56.95	1:04.80	NA	NA
SB4	NA	NA	1:49.00	2:12.45
SB5	NA	NA	1:40.90	2:02.20
SB6	NA	NA	1:31.95	1:48.20
SB7	NA	NA	1:23.60	1:42.05
SB8	NA	NA	1:19.70	1:31.05
SB9	NA	NA	1:17.40	1:24.15
SB11	NA	NA	1:23.35	1:32.55
SB12	NA	NA	1:15.95	1:26.00
SB13	NA	NA	1:13.30	1:27.85
SB14	NA	NA	1:14.40	1:25.35
50m Butterfly			100m Butterfly	
S1	2:20.00	2:20.00	NA	NA
S2	1:02.10	1:09.05	NA	NA
S3	1:08.50	1:37.20	NA	NA
S4	1:06.00	0:59.55	NA	NA
S5	0:35.90	0:53.25	NA	NA
S6	0:36.20	0:40.95	NA	NA
S7	0:34.10	0:39.10	NA	NA
S8	NA	NA	1:13.55	1:24.35
S9	NA	NA	1:08.75	1:17.25
S10	NA	NA	1:04.20	1:17.60
S11	NA	NA	1:09.95	1:29.10
S12	NA	NA	1:07.25	1:23.20
S13	NA	NA	1:03.70	1:14.20
S14	NA	NA	1:04.25	1:14.70
150m Individual Medley			200m Individual Medley	
SM1	7:39.15	6:00.00	NA	NA
SM2	4:29.20	5:32.40	NA	NA
SM3	3:28.80	4:01.00	NA	NA
SM4	2:47.30	3:21.40	NA	NA
SM5	NA	NA	3:17.45	3:56.25
SM6	NA	NA	3:06.50	3:27.50
SM7	NA	NA	2:59.45	3:22.60
SM8	NA	NA	2:46.65	3:07.20
SM9	NA	NA	2:36.50	3:01.00
SM10	NA	NA	2:29.00	2:51.70
SM11	NA	NA	2:40.20	3:07.00
SM12	NA	NA	2:43.60	3:04.95
SM13	NA	NA	2:24.65	2:47.65
SM14	NA	NA	2:29.30	2:47.10