



EDINBURGH INTERNATIONAL SWIM MEET 2024

25th Anniversary Meet

Royal Commonwealth Pool, Edinburgh
8 - 10 March 2024

Supported by



Scottish
Swimming



THE UNIVERSITY of EDINBURGH
SPORT

Under World Aquatics and SASA rules
SASA Licence number: L1/728/SS/MAR24

Meet promoter: City of Edinburgh Swimming International Trust

EDINBURGH INTERNATIONAL SWIM MEET 2024
WELCOME – CITY OF EDINBURGH SWIMMING
INTERNATIONAL TRUST

Edinburgh International Swim Meet 1999 - 2024



The majority of the swimmers competing today were not even born when this competition first started in 1999. Swimming laws, training techniques and coaching methods have changed over the years but the hunger for competition and best performances remains constant. This competition is about the swimmers, and we aim to promote a high quality and friendly meet which enables best performance outcomes. A special mention to all the coaches, support staff and parents for their contribution.

We welcome all our visitors from overseas along with our British based and local clubs.

A big thank you to all the volunteers and the RCP pool staff. Your contribution is invaluable.

Thanks to City of Edinburgh Council, British and Scottish Swimming for their partnership, along with sponsors University of Edinburgh and Swans.

Cead Mile Failte

Helen Murray MBE

Chair EISM Trust


WELCOME – CITY OF EDINBURGH



I am delighted to welcome all spectators, officials and swimmers to the 2024 Edinburgh International Swim Meet and congratulate everyone involved on the 25th Anniversary of this event. Hosted here at the Royal Commonwealth Pool in in the shadow of Holyrood Park and Arthur's Seat, this will provide an impressive backdrop for this event, and I am sure will give a real sense of occasion to all in attendance.

Edinburgh is a city with a rich sporting heritage and the EISM is a key part of this tradition. Our city is proud to host this event, and it will once again provide us with a wonderful opportunity to see some of the country's best swimmers in action.

On behalf of the City of Edinburgh, I hope you have a fantastic time at this year's event and I'm sure this will be just as entertaining and exciting as ever.

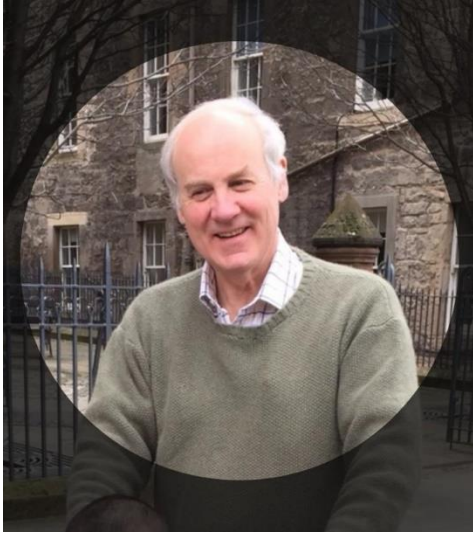
A handwritten signature in black ink that reads "Robert Aldridge".

Robert Aldridge

The Rt Hon Lord Provost of the City of Edinburgh

EDINBURGH INTERNATIONAL SWIM MEET 2024

EISM 25 Years On



The vision for the Royal Commonwealth Pool began in the 1960s with a view to Edinburgh becoming a centre of sporting excellence, and what better way than to host athletes from round the world at the Commonwealth Games. And so, construction of the ‘Commie’, as it came to be affectionally known, began in 1967 and was completed in 1969 in time for Edinburgh to host the Commonwealth Games in 1970. Such was the success of these Games; Edinburgh was invited to do it all again in 1986.

The RCP, to give it its other name, was regarded as one of the most advanced pools of its time, with its spacious arena, copious seating and state-of-the-art pool. The City Council of the day wanted its showpiece venue to display Edinburgh at its best on a regular basis, and so the Edinburgh International Swim Meet was born. This prestigious event continued until the 1980’s when financial and other pressures saw the

demise of the competition. However, the City of Edinburgh Swimming initiative saw the Edinburgh International’s revival in 1999. It started as a one-day event. And here we are, 25 years on, with a full programme and over 100 teams competing.

And the 25 years in between? Who can forget the jazz bands, the Rockettes cheerleaders, the prize of a Harley-Davidson sitting poolside for a world record swim, and Margo Macdonald’s inspirational opening address in 2005 about the importance of youth sport, to name a few highlights.

I remember standing by the medal rostrum at the end of a race where a young lad, having swam his best in the heat in lane 8, hauled himself out of the pool, picked up his towel, and trundled off to the changing room. I thought that, without youngsters like that, there would be no Edinburgh International. To all the swimmers who have taken part over the last 25 years, the visionaries of the 1960’s may have built the RCP, but it is you, the competitors, that have brought the whole place to life.

Jamie Edgar

City of Edinburgh Chair, 1996 – 2010



The late Margo MacDonald, MSP, youth sport supporter, with EISM programme in hand.

EDINBURGH INTERNATIONAL SWIM MEET 2024



It doesn't seem 25 years since the first edition of this international meet took place. In the early days of the City of Edinburgh Swimming programme, and with the support of the local club fraternity and city council, we stumbled on a meet format that ended up capturing the imagination of athletes and coaches alike, attracting a plethora of top world stars to the meet over the years.

Some of my most abiding and long-lasting personal memories come from my time in Edinburgh, and I'm proud to see that the Edinburgh International Swim Meet has endured the test of time. The format has evolved organically to meet the current needs of our sport, whilst at the same time the competition has retained its place as one of the premier British meets providing an essential racing opportunity ahead of domestic championships, trials, and major games. Who can forget the experience of 2018 when the meet incorporated the British Championships barely a month ahead of the Gold Coast Commonwealth Games when we all struggled through the elements and the 'beast from the east' to even get here!

And it goes without saying that without the ever-present courage and determination of Helen Murray, the meet would have fallen by the wayside many years ago.

So, here's to the Edinburgh International Swim Meet, a successful 2024 event, and many future editions to come.

Tim Jones

Associate Performance Director, British Swimming

City of Edinburgh Swimming Head Coach, 1996 – 2004

SESSION TIMES

	Friday 8th March		Saturday 9th March		Sunday 10th March	
	Warm Up	Start	Warm Up	Start	Warm Up	Start
Faster Heats	07:30	08:30	07:30	08:30	07:30	08:30
Slower Heats	11:30	12:30	11:30	12:30	11:30	12:30
Finals	16:30	17:30	16:30	17:30	16:00	17:00

EDINBURGH INTERNATIONAL SWIM MEET 2024

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EDINBURGH INTERNATIONAL SWIM MEET 2024

MEET RECORDS SINCE 2015

MALE / OPEN

Senior				Junior		
Name	Time	Year		Name	Time	Year
Ben Proud	0:21.72	2022	50m Freestyle	Lewis Burras	0:22.79	2018
Duncan Scott	0:48.49	2020	100m Freestyle	Jacob Whittle	0:49.57	2022
Tom Dean	1:46.03	2020	200m Freestyle	Tom Dean	1:50.35	2018
Stephen Milne	3:48.51	2016	400m Freestyle	Luke Turley	3:54.37	2018
Daniel Jervis	7:51.26	2020	800m Freestyle	Carlos Garach Benito	8:00.99	2022
Daniel Jervis	14:57.48	2019	1500m Freestyle	Carlos Garach Benito	15:14.01	2022
Ben Proud	0:23.46	2022	50m Butterfly	Casper Puggard	0:24.31	2023
Simon Bucher	0:51.20	2023	100m Butterfly	Federico Burdisso	0:53.40	2018
James Guy	1:56.62	2020	200m Butterfly	Jacob Peters	2:01.02	2018
Joe Litchfield	0:25.32	2020	50m Backstroke	Nicholas Pyle	0:25.45	2018
Chris Walker-Hebborn	0:54.94	2016	100m Backstroke	Conor Ferguson	0:55.16	2017
Luke Greenbank	1:58.65	2020	200m Backstroke	Conor Ferguson	2:00.84	2017
Adam Peaty	0:26.86	2020	50m Breaststroke	Juri Dijkstra	0:28.57	2018
Adam Peaty	0:58.13	2020	100m Breaststroke	Eoin Corby	1:02.70	2019
James Wilby	2:09.47	2020	200m Breaststroke	Eoin Corby	2:17.11	2019
Duncan Scot	1:59.35	2022	200m Individual Medley	Tom Dean	1:59.88	2018
Duncan Scott	4:15.44	2022	400m Individual Medley	Tom Dean	4:18.90	2018

FEMALE

Open				Junior		
Name	Time	Year		Name	Time	Year
Pernille Blume	0:24.51	2017	50m Freestyle	Daria Golovati	0:26.00	2022
Ranomi Kromwidjojo	0:53.31	2016	100m Freestyle	Emma Russell	0:55.83	2020
Jazz Carlin	1:58.04	2015				
Freya Anderson	1:58.04	2020	200m Freestyle	Freya Anderson	2:02.36	2018
Jazz Carlin	4:06.79	2015	400m Freestyle	Leah Crisp	4:16.12	2018
Mireia Belmonte	8:35.71	2018	800m Freestyle	Leah Crisp	8:50.25	2018
Mireia Belmonte	16:21.70	2018	1500m Freestyle	Leah Crisp	17:03.47	2018
Louise Hansson	0:25.94	2023	50m Butterfly	Sophie Yendell	0:27.43	2018
Louise Hansson	0:57.84	2023	100m Butterfly	Emily Large	0:59.60	2018
Louise Hansson	2:07.41	2023	200m Butterfly	Emily Large	2:11.06	2018
Kylie Masse	0:27.79	2023	50m Backstroke	Lauren Cox	0:28.65	2018
Mie Nielsen	0:59.16	2016	100m Backstroke	Honey Osrin	1:02.35	2020
Lizzie Simmonds	2:08.32	2015	200m Backstroke	Honey Osrin	2:13.20	2020
Imogen Clark	0:30.45	2023	50m Breaststroke	Mona Mc Sharry	0:31.56	2017
Ruta Meilutyte	1:05.82	2016	100m Breaststroke	Mona Mc Sharry	1:08.04	2017
Jessica Vall	2:24.92	2018	200m Breaststroke	Ellie Mc Cartney	2:31.06	2022
Siobhan-Marie O'Connor	2:10.12	2015	200m Individual Medley	Katie Shanahan	2:15.87	2020
Aimee Willmott	4:35.84	2016	400m Individual Medley	Katie Shanahan	4:46.89	2020

EDINBURGH INTERNATIONAL SWIM MEET 2024

NATIONAL AND INTERNATIONAL RECORDS - MALE								
	SCOTTISH		BRITISH		EUROPEAN		WORLD	
Freestyle								
50m	0:22.21	Duncan Scott	0:21.11	Ben Proud	0:20.94	Frederick Bousquet	0:20.91	Cesar Cielo
100m	0:47.87	Duncan Scott	0:47.45	Matt Richards	0:46.86	David Popovici*	0:46.80	Zhanie Pan*
200m	1:44.26	Duncan Scott	1:44.22	Tom Dean	1:42.00	Paul Biedermann	1:42.00	Paul Biedermann
400m	3:46.00	Stephen Milne	3:43.75	James Guy	3:40.07	Paul Biedermann	3:40.07	Paul Biedermann
800m	7:46.41	Stephen Milne	7:44.32	David Davies	7:39.27	Gregorio Paltrinieri	7:32.12	Lin Zhang
1500m	14:53.83	Stephen Milne	14:45.95	David Davies	14:33.10	Gregorio Paltrinieri	14:31.02	Sun Yang
Backstroke								
50m	0:24.83	Scott Gibson	0:24.04	Liam Tancock	0:23.55	Kliment Kolesnikov*	0:23.55	Kliment Kolesnikov
100m	0:54.22	Gregor Tait	0:52.73	Liam Tancock	0:51.60	Thomas Ceccon	0:51.60	Thomas Ceccon
200m	1:55.67	Craig McNally	1:54.43	Luke Greenbank	1:53.23	Evgeny Rylov*	1:51.92	Aaron Piersol
Breaststroke								
50m	0:27.19	Archie Goodburn	0:25.95	Adam Peaty	0:25.95	Adam Peaty	0:25.95	Adam Peaty
100m	0:59.09	Ross Murdoch	0:56.88	Adam Peaty	0:56.88	Adam Peaty	0:56.88	Adam Peaty
200m	2:07.30	Ross Murdoch	2:07.30	Ross Murdoch	2:06.12	Anton Chupkov	2:05.48	Haiyang Qin
Butterfly								
50m	0:23.82	Gregor Swinney	0:22.75	Ben Proud	0:22.27	Andriy Govorov	0:22.27	Andriy Govorov
100m	0:52.25	Duncan Scott	0:50.67	James Guy	0:49.68	Kristof Milak	0:49.45	Caeleb Dressel
200m	1:56.59	Cameron Brodie	1:54.58	Michael Rock	1:50.73	Kristof Milak	1:50.34	Kristof Milak
Individual Medley								
200m	1:55.28	Duncan Scott	1:55.28	Duncan Scott	1:55.18	Laszlo Cseh	1:54.00	Ryan Lochte
400m	4:09.18	Duncan Scott	4:09.18	Duncan Scott	4:02.50	Leon Marchand	4:02.50	Leon Marchand

NATIONAL AND INTERNATIONAL RECORDS - FEMALE								
	SCOTTISH		BRITISH		EUROPEAN		WORLD	
Freestyle								
50m	0:24.68	Alison Sheppard	0:23.96	Fran Halsall	0:23.61	Sarah Sjoestroem	0:23.61	Sarah Sjoestroem
100m	0:53.89	Lucy Hope	0:52.75	Anna Hopkin	0:51.71	Sarah Sjoestroem	0:51.71	Sarah Sjoestroem
200m	1:56.62	Caitlin McClatchey	1:55.54	Joanne Jackson	1:52.98	Federica Pellegrini	1:52.85	Mollie O'Callaghan
400m	4:06.21	Hannah Miley	4:00.60	Joanne Jackson	3:59.15	Federica Pellegrini	3:55.38	Ariarne Titmus
800m	8:28.15	Hannah Miley	8:14.10	Rebecca Adlington	8:14.10	Rebecca Adlington	8:04.79	Katie Ledecky
1500m	16:16.72	Camilla Hattersley	15:47.26	Jazmin Carlin	15:38.88	Lotte Friis	15:20.48	Katie Ledecky
Backstroke								
50m	0:27.19	Kathleen Dawson	0:27.19	Kathleen Dawson	0:27.10	Kira Toussaint*	0:26.86	Kaylee McKeown
100m	0:58.08	Kathleen Dawson	0:58.08	Kathleen Dawson	0:58.08	Kathleen Dawson*	0:57.33	Kaylee McKeown
200m	2:07.45	Katie Shanahan	2:06.66	Gemma Spofforth	2:04.94	Anastasia Zueva	2:03.14	Kaylee McKeown
Breaststroke								
50m	0:30.50	Kara Hanlon	0:30.02	Imogen Clark	0:29.16	Ruta Meilutyte	0:29.16	Ruta Meilutyte
100m	1:06.36	Kara Hanlon	1:06.21	Molly Renshaw	1:04.35	Ruta Meilutyte	1:04.13	Lilly King
200m	2:24.04	Kirsty Balfour	2:20.89	Molly Renshaw	2:19.11	Rikke M Pedersen	2:17.55	Evgeniia Chikunova
Butterfly								
50m	0:26.69	Keanna MacInnes*	0:25.20	Fran Halsall	0:24.43	Sarah Sjoestroem	0:24.43	Sarah Sjoestroem
100m	0:58.34	Keanna MacInnes	0:57.25	Ellen Gandy	0:55.48	Sarah Sjoestroem	0:55.48	Sarah Sjoestroem
200m	2:08.05	Keanna MacInnes	2:04.83	Ellen Gandy	2:04.27	Katinka Hosszu	2:01.81	Zige Liu
Individual Medley								
200m	2:09.40	Katie Shanahan	2:06.88	Siobhan O'Connor	2:06.12	Katinka Hosszu	2:06.12	Katinka Hosszu
400m	4:31.33	Hannah Miley	4:31.33	Hannah Miley	4:26.36	Katinka Hosszu	4:25.87	Summer McIntosh

- Pending ratification

EDINBURGH INTERNATIONAL SWIM MEET 2024

PREVIOUS SKINS WINNERS

	Backstroke	Breaststroke	Butterfly	Freestyle
2015				
Male / Open	Joe Elwood	Adam Peaty	Tom Shields	Ben Proud
Female	Lizzie Simmonds	Corrie Scott	Jemma Lowe	Fran Halsall
2016				
Male / Open	Luke Greenbank	Adam Peaty	Sam Horrocks	David Cumberlidge
Female	Mie Oe Nielsen	Ruta Meilutyte	Jessica Steiger	Ranomi Kromowidjojo
2017				
Male / Open	Daniel Cross	Eric Persson	Adam Taylor	David Cumberlidge
Female	Lizzie Simmonds	Jennie Johansson	Emilie Beckmann	Permilie Blume
2018				
Male / Open	Christian Diener	Adam Peaty	James Guy	Lewis Burras
Female	Lucy Hope	Jessica Vall	Alys Thomas	Lidon Munoz
2019				
Male / Open	Luke Greenbank	Adam Peaty	Rasmus Nickelsen	Duncan Scott
Female	Jessica Fullalove	Jessica Vall	Alys Thomas	Freya Anderson
2020				
Male / Open	Joe Litchfield	Adam Peaty	Jacob Peters	Duncan Scott
Female	Cassie Wild	Mona Mc Sharry	Laura Stephens	Freya Anderson
2022				
Male / Open	Oliver Morgan	James Wilby	Jacob Peters	Tom Dean
Female	Cassie Wild	Sarah Vasey	Louise Hansson	Aikmee Canny
2023				
Male / Open	Oliver Morgan	Bernhard Reitshammer	Simon Bucher	Tom Dean
Female	Kylie Masse	Kara Hanlon	Roos Vanotterdijk	Catie DeLoof

SKINS RULES

The fastest eight swimmers from the open 50m heats progress to the final in the evening session.

All eight compete in the first round, after which the slowest four are eliminated. In the second round the slowest two are again eliminated to leave two swimmers who will compete head to head to find a winner. The swimmers are eliminated as follows:

- Round 1: – from 8 to 4 swimmers
- Round 2: – from 4 to 2
- Round 3: – the final 2 go head-to-head to produce a winner.

Round one is seeded as a final. Surviving swimmers from each round remain in their allocated lanes for Round 2. In the final round the last two swimmers will compete in lanes 4 and 5.

Round one starts under normal starting procedures. Only times set in round one count as accredited times for future events. Rounds 2 and 3 start at three-minute intervals. For rounds 2 and 3, the starter will give a warning whistle 10 seconds prior to the start. The signal to start will then sound without any verbal commands.

Swimmers starting before the starting signal or breaching the stroke rules will be disqualified with remaining eliminations adjusted accordingly, ensuring that the 3 rounds will be completed.

World Aquatics start and stroke rules apply to all starts and strokes.

The male/open and female events will alternate. This will give the effect of a round starting every 90 seconds.

EDINBURGH INTERNATIONAL SWIM MEET 2024

PARA SWIMMING CLASSIFICATION

Sport classes

The sport class names in swimming consist of a prefix “S”, “SB” or “SM” and a number. The prefixes stand for the stroke and the number indicates the sport class.

The prefixes stand for:

- **S:** freestyle, butterfly, and backstroke events
- **SB:** breaststroke
- **SM:** individual medley

Sport Classes S1-S10 / SB1 – SB9 / SM1- SM10 - physical impairment

There are ten different sport classes for athletes with physical impairment, numbered 1-10. The lower the number, the more severe the activity limitation. Athletes with different impairments compete against each other because sport classes are allocated based on the impact the impairment has on swimming, rather than on the impairment itself. To evaluate the impact of impairments on swimming, classifiers assess all functional body structures using a points system and ask the athlete to complete a water assessment.

The total number of points then determines the athlete’s S and SB sport classes. Due to the different demands of S and SB events, swimmers are often allocated different S and SB sport classes. The SM sport class is calculated from the S and SB sport class.

Sport Classes S/SB11-13 - vision impairment

Athletes with a vision impairment compete in three sport classes from S/SB11 to S/SB13.

S/SB11: These athletes have a very low visual acuity and/or no light perception.

S/SB12: Athletes have a higher visual acuity than athletes competing in the S/SB11 sport class and/or a visual field of less than 5 degrees radius.

S/SB13: Athletes have the least severe vision impairment eligible for Paralympic sport. They have the highest visual acuity and/or a visual field of less than 20 degrees radius.

In order to ensure a fair competition, athletes in the S/SB11 sport class are required to wear blackened goggles.

To ensure safety all S/SB11 swimmers must use a tapper, swimmers in the S/SB12 and S/SB13 sport classes may choose whether or not they wish to use one.

Sport Classes S/SB14 - intellectual impairment

S14 swimmers have an intellectual impairment, which typically leads to the athletes having difficulties with regards to pattern recognition, sequencing, and memory, or having a slower reaction time, which impacts on sport performance in general.

Moreover, S14 swimmers show a higher number of strokes relative to their speed than able-bodied elite swimmers.

EDINBURGH INTERNATIONAL SWIM MEET 2024

COMPETING TEAMS

Aberdeen Asc	Dumfries	Loughborough	Sporting Club
Aberdeen Dolphin	Dundee City Aquatics	Performance Centre	Thionvilleois (France)
Alnwick Dolphins	East Kilbride	Manchester	Step Rock
Arbroath St Thomas	East Lothian ST	Performance Centre	Stirling Swimming
Banchory Asc	Edinburgh University	Milngavie & Bearsden	Swansea University
Basingstoke Bluefins	FIRST	Monifeith	Swim Ireland
Bellshill Sharks	Fauldhouse Penguins	Morpeth	Swim West Lothian
Bermuda Swim Team	Feijenoord (Rotterdam)	Nat Centre Dublin	Swim-IT
Birmingham University	Fins Csc	Nat Centre Limerick	Taby Sim (Sweden)
Borders Elite Swim Team	Garioch	Netherlands Nat Team	Team Bath AS
Borough of Stockton SS	Glasgow University	Newcastle Swim Team	University of Aberdeen
Bristol Henleaze	Glenrothes	Nicosia (Cyprus)	University of Bath
Buckie Asc	Hamilton Baths	Orkney	University of Birmingham
Carnegie	Hatfield	Oxford University	University of Stirling
City of Glasgow	Heart of Midlothian	Perth City	Villefranche en
City of Leeds	Highland Swim Team	Portobello	Beaujolais (France)
City of Lincoln	Hovedstadens (Denmark)	PSV Eindhoven (Netherlands)	Warrender Baths Club
Pentaqua	INCAS	Randaberg (Norway)	Warrington Warriors
City of Manchester	Isle of Man	Ren 96	West Dunbartonshire
City of Sheffield	Kirkintilloch & Kilsyth	Renfrew Baths	Winsford
City of Stoke on Trent	Lanark	Rutherglen	
Cockermouth	Leeds University	Seagulls (Christchurch)	
De Dolfijn (Amsterdam)	Ligue Auvergne Rhone	Simklubben Sydsim (Sweden)	
Derby Excel	Alpes (France)	South Ayrshire	
Derwentside	London Disability		

SPONSORS

This event would not have been possible without our sponsors, and we acknowledge with thanks the support of:

City of Edinburgh Council
British Swimming
Scottish Swimming

University of Edinburgh
Swans Performance Swimming

EVENT PARTNERS

Facility	Edinburgh Leisure	Merchandise	WrightSport
Live stream/Scoreboard	Stream-Scene	Social Media	Scottish Swimming
Lighting	Vanguard Sound & Lighting		

EVENT STAFF

We are very grateful for the support of our many voluntary technical officials and event staff, including:

Meet Director	Lesley Prentice	Announcing	Duncan McKinnell
Event Manager	Lindsay Lewis		Paul Noble MBE
Meet Referee	Jeremy Chittleburgh		Tony Rose
World Aquatics Referee	Durno Jessiman		Robert Taylor
World Aquatics Starter	Matt Huntington	Field of play	Lynne Rafferty
STO Manager	Carole McDonald		Val Peebles
Chief Recorder	Jo Maguire	Front of house	Morag Taylor
Meet entries & results	Susan Liddle	Finance	Duncan McKinnell
AOE	Ralph Payne	Web	Duncan McKinnell
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Scottish
Swimming

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