

## **EDINBURGH INTERNATIONAL SWIM MEET 2023**

### **Skins rules**

The fastest eight swimmers from the open 50m heats will progress to the final in the evening session.

All eight will compete in the first round, after which the slowest four are eliminated. In the second round the slowest two are eliminated. In the third round, the final two swimmers will swim head-to-head to produce a winner.:

- Round 1: – from 8 to 4 swimmers
- Round 2: – from 4 to 2
- Round 3: – the final 2 go head-to-head to produce a winner.

Round one will be seeded as a final. Surviving swimmers into the second round will remain in their allocated lane. In the third round the last two swimmers will compete in lanes 4 and 5.

Round one will start under normal starting procedures. Only times set in round one will count as accredited times for future events. Rounds two and three will start at three minute intervals. For rounds two and three, the starter will give a warning whistle 10 seconds prior to the start. The signal to start will then sound without any verbal commands.

Any swimmers starting before the starting signal or breaching the stroke rules will be disqualified and will count as one of the four (Round 1) or two (Round 2) swimmers eliminated.

FINA start and stroke rules apply to all starts and strokes.

The men's and women's event will alternate. This will give the effect of a round starting every 90 seconds.