



EDINBURGH INTERNATIONAL SWIM MEET 2023

(Under FINA rules/Scottish Swimming Regulations)

Royal Commonwealth Pool, Edinburgh
10 – 12 March 2023

Licence number: L1/687/SS/MAR23

Supported by



MEET SPONSORS..... 3

DATES..... 3

VENUE 3

AGE GROUPS 3

EVENTS..... 3

EVENT CONTACT 3

PROMOTER..... 3

COMPETITION DISCLAIMER 3

ENTRY PROCESS 4

ENTRY DEADLINE..... 4

TRAINING 4

SESSION TIMES..... 4

QUALIFICATION AND CONSIDERATION TIMES 5

EVENT PROGRAMME 6

ENTRIES AND TIMELINES..... 7

ENTRIES PROCESS..... 7

ENTRY FEES AND PAYMENT 7

WITHDRAWALS, RESERVES AND REPORTING TIMES 7

ACCREDITATION 8

PHOTOGRAPHY 8

LIVESTREAMING 9

PARKING..... 9

MEET CONDITIONS..... 9

SKINS RULES 10

Times achieved at the Edinburgh International Swim Meet 2023 can be used for qualification to the FINA World Championships.

MEET SPONSORS

The Edinburgh International Swim Meet is supported by the City of Edinburgh Council, British Swimming and Scottish Swimming.

DATES

Friday 10th – Sunday 12th March 2023

VENUE

Royal Commonwealth Pool, 21 Dalkeith Road, Edinburgh, EH16 5BB
8 lane 50 metre pool with full electronic timing
6 lane 25m warm up and swim-down pool

AGE GROUPS

Women

- Open
- Junior – 17 and under

Men

- Open
- Junior – 18 and under

Age as at 31st December 2023

EVENTS

50m Backstroke, Breaststroke, Butterfly, Freestyle	Junior, B and Open Final
100m Backstroke, Breaststroke, Butterfly, Freestyle	Junior, B and Open Final
200m Backstroke, Breaststroke, Butterfly, Freestyle	Junior, B and Open Final
200 and 400m Individual Medley	Junior, B and Open Final
400m Freestyle	Junior, B and Open Final
800m and 1500m Freestyle	Heat Declared Winner

50m events are skins for the open finalists. The first round of the skins will constitute an open final with 8 swimmers, reducing to 4, 2 and a winner. Men's and women's skins events will be run alternately during the finals sessions. Rules for the skins events are detailed in appendix 1.

The fastest heats of each 800m and 1500m Freestyle event will be swim in the evening session.

The eight fastest athletes shall qualify for the Open Final regardless of age, the next eight athletes will qualify for the B Final regardless of age. The next eight Junior athletes will qualify for the Junior Final.

EVENT CONTACT

Lindsay Lewis, Event Manager

Tel: +44 7715 710581 Email: edinburghism@gmail.com

PROMOTER

City of Edinburgh Swimming International Trust

COMPETITION DISCLAIMER

In the event of cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of The City of Edinburgh Swimming International Trust. The City of Edinburgh Swimming International Trust will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel, catering and accommodation.

ENTRY PROCESS

Entries will be by computer file using Hytek

ENTRY DEADLINE

14:00 (GMT) on Tuesday 7th February 2023

TRAINING

Open training will be available on Thursday 9th March 2023, 16:00 – 20:00

SESSION TIMES

	Friday 10th March		Saturday 11th March		Sunday 12th March	
	Warm Up	Start	Warm Up	Start	Warm Up	Start
Faster Heats	07:30	08:30	07:30	08:30	07:30	08:30
Slower Heats	11:30	12:30	11:30	12:30	11:30	12:30
Finals	16:30	17:30	16:30	17:30	16:00	17:00

Swimmers will be allocated to morning and afternoon heats based on time, with the fastest swimmers competing in the morning sessions as follows:

- 50m events – fastest 6 heats
- 100m events and 200m Free/IM – fastest 5 heats
- Other 200m events and 400m events – fastest 4 heats
- 800m and 1500m events – 2nd & 3rd fastest heats (fastest heat in finals session)

The meet organisers reserve the right to change these arrangements depending on entries received.

QUALIFICATION AND CONSIDERATION TIMES

Qualification and consideration times are detailed below. Please do not submit times that are slower than the consideration times as detailed. Refunds will not be made for any submitted entries that are slower than the consideration times.

The organisers reserve the right to make cuts to ensure a balanced programme and the smooth running of the meet. Swimmers with a qualifying time will not be cut and swimmers with faster consideration times will take priority.

OPEN					JUNIOR				
Men			Women		Men			Women	
QT	CT		QT	CT	QT	CT		QT	CT
0:23.90	0:25.35	50 Freestyle	0:27.00	0:28.60	0:24.50	0:25.95	50 Freestyle	0:27.50	0:29.15
0:52.05	0:55.15	100 Freestyle	0:58.30	1:01.80	0:53.50	0:56.70	100 Freestyle	0:59.80	1:03.40
1:54.60	2:01.50	200 Freestyle	2:06.50	2:14.10	1:57.70	2:04.75	200 Freestyle	2:09.60	2:17.40
4:04.10	4:18.75	400 Freestyle	4:25.25	4:41.15	4:09.50	4:24.45	400 Freestyle	4:32.50	4:48.85
8:31.50	9:02.20	800 Freestyle	9:08.00	9:40.90	8:38.00	9:09.10	800 Freestyle	9:20.00	9:53.60
16:21.80	17:20.70	1500 Freestyle	17:36.20	18:39.55	16:35.00	17:34.70	1500 Freestyle	17:52.00	18:56.30
0:29.70	0:31.50	50 Breaststroke	0:33.75	0:35.80	0:30.90	0:32.75	50 Breaststroke	0:34.70	0:36.80
1:05.90	1:09.85	100 Breaststroke	1:13.80	1:18.25	1:08.50	1:12.60	100 Breaststroke	1:16.00	1:20.55
2:25.60	2:34.35	200 Breaststroke	2:40.35	2:49.95	2:31.00	2:40.05	200 Breaststroke	2:44.00	2:53.85
0:25.50	0:27.05	50 Butterfly	0:28.55	0:30.25	0:26.20	0:27.75	50 Butterfly	0:29.20	0:30.95
0:56.45	0:59.85	100 Butterfly	1:03.60	1:07.40	0:58.50	1:02.00	100 Butterfly	1:05.10	1:09.00
2:06.90	2:14.50	200 Butterfly	2:20.70	2:29.15	2:11.00	2:18.85	200 Butterfly	2:24.50	2:33.15
0:27.25	0:28.90	50 Backstroke	0:30.40	0:32.20	0:28.00	0:29.70	50 Backstroke	0:31.20	0:33.05
0:58.70	1:02.20	100 Backstroke	1:05.10	1:09.00	1:00.40	1:04.00	100 Backstroke	1:07.20	1:11.25
2:09.35	2:17.10	200 Backstroke	2:21.90	2:30.40	2:12.60	2:20.55	200 Backstroke	2:25.50	2:34.25
2:09.40	2:17.15	200 IM	2:24.00	2:32.65	2:13.00	2:21.00	200 IM	2:26.50	2:35.30
4:36.10	4:52.65	400 IM	5:05.00	5:23.30	4:44.00	5:01.05	400 IM	5:10.00	5:28.60

QT = Qualification Time. Any swimmer with a QT for a given stroke/event is **guaranteed** to swim in that event.

CT = Consideration Time. These allow swimmers to enter but do not guarantee a swim. If we cannot accommodate everyone within a reasonable session length, we will reject the slowest entries, based on time, across the different events that day. This will be done proportionately across events in the session in both the open and junior categories.

EVENT PROGRAMME

Friday 10 th March		Saturday 11 th March		Sunday 12 th March	
Session 1&2: Morning & Afternoon – Heats		Session 4 & 5: Morning & Afternoon – Heats		Session 7 & 8: Morning & Afternoon – Heats	
Men	1500m Freestyle (HDW)	Men	400m Individual Medley	Women	1500m Freestyle (HDW)
Women	100m Backstroke	Women	800m Freestyle (HDW)	Men	50m Breaststroke
Men	100m Backstroke	Men	50m Backstroke	Women	50m Butterfly
Women	200m Butterfly	Women	50m Backstroke	Men	100m Freestyle
Men	200m Freestyle	Men	100m Breaststroke	Women	200m Backstroke
Women	50m Freestyle	Women	100m Butterfly	Men	200m Backstroke
Men	50m Butterfly	Men	200m Butterfly	Women	200m Breaststroke
Women	400m Freestyle	Women	400m Individual Medley	Men	100m Butterfly
Men	200m Breaststroke	Men	50m Freestyle	Women	100m Freestyle
Women	100m Breaststroke	Women	50m Breaststroke	Men	400m Freestyle
Men	200m Individual Medley	Men	800m Freestyle (HDW)	Women	200m Individual Medley
		Women	200m Freestyle		

Session 3: Evening - Finals		Session 6: Evening - Finals		Session 9: Evening - Finals	
Men	1500m Freestyle (HDW) fastest heat	Men	400m Individual Medley Junior, B & open Final	Women	1500m Freestyle (HDW) Fastest heat
Women	100m Backstroke Junior, B & open Final	Women	800m Freestyle (HDW) Fastest heat	Men	50m Breaststroke Junior & B Final
Men	100m Backstroke Junior, B & open Final	Men	50m Backstroke Junior & B Final	Women	50m Butterfly Junior & B Final
Women	200m Butterfly Junior, B & open Final	Women	50m Backstroke Junior & B Final	Men / Women	50 Breaststroke/ 50m Butterfly Skins
Men	200m Freestyle Junior, B & open Final	Men/ Women	50m Backstroke Skins	Men	100m Freestyle Junior, B & open Final
Women	50m Freestyle Junior & B Final	Men	100m Breaststroke Junior, B & open Final	Women	200m Backstroke Junior, B & open Final
Men	50m Butterfly Junior & B Final	Women	100m Butterfly Junior, B & open Final	Men	200m Backstroke Junior, B & open Final
Women / Men	50m Freestyle / 50m Butterfly Skins	Men	200m Butterfly Junior, B & open Final	Women	200m Breaststroke Junior, B & open Final
Women	400m Freestyle Junior, B & open Final	Women	400m Individual Medley Junior, B & open Final	Men	100m Butterfly Junior, B & open Final
Men	200m Breaststroke Junior, B & open Final	Men	50m Freestyle Junior & B Final	Women	100m Freestyle Junior, B & open Final
Women	100m Breaststroke Junior, B & open Final	Women	50m Breaststroke Junior & B Final	Men	400m Freestyle Junior, B & open Final
Men	200m Individual Medley Junior, B & open Final	Men/ Women	50m Freestyle / 50m Breaststroke Skins	Women	200m Individual Medley Junior, B & open Final
		Men	800m Freestyle (HDW) Fastest Heat		
		Women	200m Freestyle Junior, B & open Final		

ENTRIES AND TIMELINES

All entry times must have been set at an accredited competition since 1st January 2022. These should be from meets recorded in the British Swimming or FINA rankings, or from a meet sanctioned by a National Governing Body. An exception exists for the Women's 1500m Freestyle, where entries (with submitted times within the consideration time) will be accepted from swimmers without an accredited time but who meet the consideration time for the 800m Freestyle.

Entries must be submitted as long course times. Conversions from short course, split times and lead off relay times are permitted. A proof of times report must be submitted.

No refunds will be given after acceptances are published or for entries submitted outside the consideration times. Fees for rejected entries will be returned to clubs during the event or shortly afterwards.

Closing date for entries 12.00 (GMT) Tuesday 7 February 2023.

Draft programme issued on Thursday 16 February 2023.

Final programme & other information to clubs by Thursday 23 February 2023.

ENTRIES PROCESS

Entries will be by computer files and only official files are acceptable.

- Entry file will be available from Tuesday 10th January on EISM Website
- Click [here](#) to access Hy-Tek website for Team Manager Lite, should you not have a copy of Team Manager
- The competed entry file should be emailed to: edinburghism@gmail.com
- The subject line **MUST** be **Club – EISM Entries**
- A proof of time report is required on entry. There will be random checks on times and clubs may be asked for additional information about the times entered.

ENTRY FEES AND PAYMENT

Entry Fee per Event: £12.00

Payment is by bank transfer as follows:

Account name	SASA East District
Bank	Bank of Scotland
Branch	Musselburgh
Account No	06001834
Sort Code	80-17-68
IBAN	GB 16 BOFS 80176806001834

Reference: **e23/ent/then add club code or team name**

WITHDRAWALS, RESERVES AND REPORTING TIMES

Withdrawals Heats:

Any withdrawals (including reserves) prior to the first day of the Meet should be notified using the online form by clicking [here](#). Withdrawals for Day 1 must be notified no later than 18.00 on Thursday, 9th March 2023.

Withdrawals for subsequent days not previously notified must be lodged at the Recorders Desk no later than 18.00 on the day prior to the event.

Withdrawals Finals:

Competitors wishing to withdraw from a Final (including reserves) must inform the Recorders in writing on the form provided within 30 minutes of Finalists Lists having been published or announced.

Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of a genuine illness or proven emergency) shall be suspended immediately from all further events in the meet.

Reserves:

A maximum of four reserves will be selected for the heats of each event. Four reserves will be named for finals in the 100m and 200m events. There will be two reserves for 400m and Junior finals. Where a reserve is brought in at short notice, they will occupy a vacant lane. There will be no reseeding.

Reporting Times:

Team staff will be provided with a timeline for each session. Athletes must report to the call room/marshalling area in line with this timeline or any subsequent amendment issued.

ACCREDITATION

Athletes and Team Staff will only be permitted poolside if they can show official accreditation.

Athletes' accreditation passes will be available for athletes participating in the meet to collect in the venue from 15:00 on Thursday 9th March 2023.

Team staff with a Scottish Swimming 2023 annual pass can use this as accreditation for the EISM. Team Staff requiring accreditation should submit their request [here](#). Applicants must submit one recent photograph (jpeg format) to edinburghism@gmail.com. This can be done once the order is completed. Photographs should be taken under the same rules regarding passport photographs.

Accreditation will not be issued to any Team Staff unless a person has a valid Disclosure Certificate/PVG/CRB through the Scottish Swimming/Swim England/Swim Wales. In-line with current legislation, valid Disclosure Certificates/PVG/CRB from any other agency, will not be accepted.

Team staff applying for accreditation from outside the UK should make arrangements for their National Governing Body to forward a letter of declaration to edinburghism@gmail.com confirming that all applicants have conformed with their 'home country's policy concerning child protection; Passes will not be issued without such a letter.

Once approved, Team staff will be emailed their accreditation for printing. A plastic wallet and lanyards will be issued at the event.

Closing date for applications – **Wednesday 1st March 2023**

PHOTOGRAPHY

Throughout the Meet, there may be a number of authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be made available to our media partners and uploaded to our website and our social network sites.

Should any competitor wish not to be photographed please request a form. If at any time a competitor wishes a static image to be removed from our website, 7 days' notice must be given to ?? after which the data will be removed.

By attending the event either as a participant, volunteer, team staff or spectator, you accept that any photographs / videos taken will not be used for illicit purposes or that pictures / films produced will not be altered in any way or uploaded onto the web without the consent in writing of the person(s) photographed / filmed. **The use of mobile phones or other electronic devices capable of photography are not permitted to be used at any time in the changing village, toilets or shower areas.**

Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible and to avoid including other participants in images, particularly if those images are being shared with family and friends or through social media platforms.

The use of professional camera equipment and flash photography is prohibited at the Event. Only accredited media can use this type of equipment. Media wishing to gain accreditation must put the request in writing to the event organiser prior to the start of the competition.

LIVESTREAMING

The event will be livestreamed

PARKING

Parking is limited on a first come basis. If there are team minibuses, spaces need to be reserved in advance and this can be done by emailing edinburghism@gmail.com

MEET CONDITIONS

A full list of meet conditions is available on our website and will be published in the programme. Please note:

- The meet organisers reserve full powers over the Edinburgh International Swim Meet.
- The competition will be held under FINA Rules, and the conditions printed in the meet information and on the EISM website. For areas not covered by FINA Rules, SASA regulations as set by Scottish Swimming, and Edinburgh Leisure facility guidelines, will apply.
- The meet is licensed by Scottish Swimming.
- Entries will only be accepted from competitors registered as members of countries affiliated to FINA and whose swimmers have the permission of the relevant Governing Body to attend.
- A competitor must be a registered member, or equivalent, of the club in whose name they are entered, at the date of entry.
- Drug testing facilities may be available on site. Random drug tests may also be made, in line with British and Scottish Swimming standard procedure.
- Mobile phones / other photography devices must not be used in the changing rooms, showers, and toilet areas. Those found using mobile phones, breaching this rule, may be excluded from the meet.
- Swimmers should use the facilities provided in the changing village. They should not change in the seating area or toilets.
- Anything not covered above or included in ancillary information will be at the promoters' discretion.

Appendix 1

SKINS RULES

The fastest eight swimmers from the open 50m heats will progress to the final in the evening session.

All eight will compete in the first round, after which the slowest four are eliminated. In the second round the slowest two are eliminated. In the third round, the final two swimmers will swim head-to-head to produce a winner.:

- Round 1: – from 8 to 4 swimmers
- Round 2: – from 4 to 2
- Round 3: – the final 2 go head-to-head to produce a winner.

Round one will be seeded as a final. Surviving swimmers into the second round will remain in their allocated lane. In the third round the last two swimmers will compete in lanes 4 and 5.

Round one will start under normal starting procedures. Only times set in round one will count as accredited times for future events. Rounds two and three will start at three minute intervals. For rounds two and three, the starter will give a warning whistle 10 seconds prior to the start. The signal to start will then sound without any verbal commands.

Any swimmers starting before the starting signal or breaching the stroke rules will be disqualified and will count as one of the four (Round 1) or two (Round 2) swimmers eliminated.

FINA start and stroke rules apply to all starts and strokes.

The men's and women's event will alternate. This will give the effect of a round starting every 90 seconds.