**QUALIFICATION AND CONSIDERATION TIMES**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| OPEN | | | | |  | Junior  women born in 2003, 2004, 2005 or 2006; men born in 2002, 2003, 2004 or 2005. | | | | |
| Men | |  | Women | |  | Men | |  | Women | |
| QT | CT |  | QT | CT |  | QT | CT |  | QT | CT |
| 0:24.05 | 0:25.01 | 50 Freestyle | 0:26.95 | 0:28.03 |  | 0:24.95 | 0:25.95 | 50 Freestyle | 0:27.60 | 0:28.70 |
| 0:52.05 | 0:54.13 | 100 Freestyle | 0:58.10 | 1:00.42 |  | 0:54.25 | 0:56.42 | 100 Freestyle | 0:59.70 | 1:02.09 |
| 1:54.85 | 1:59.44 | 200 Freestyle | 2:05.90 | 2:10.94 |  | 1:58.50 | 2:03.24 | 200 Freestyle | 2:09.30 | 2:14.47 |
| 4:06.00 | 4:15.84 | 400 Freestyle | 4:25.25 | 4:35.86 |  | 4:12.00 | 4:22.08 | 400 Freestyle | 4:32.50 | 4:43.40 |
| 8:30.60 | 8:51.02 | 800 Freestyle | 9:03.00 | 9:24.72 |  | 8:36.00 | 8:56.64 | 800 Freestyle | 9:16.00 | 9:38.24 |
| 16:17.00 | 16:56.08 | 1500 Freestyle | 17:28.00 | 18:09.92 |  | 16:41.00 | 17:21.04 | 1500 Freestyle | 17:50.00 | 18:32.80 |
|  |  |  |  |  |  |  |  |  |  |  |
| 0:30.00 | 0:31.20 | 50 Breaststroke | 0:33.75 | 0:35.10 |  | 0:31.30 | 0:32.55 | 50 Breaststroke | 0:34.80 | 0:36.19 |
| 1:06.00 | 1:08.64 | 100 Breaststroke | 1:14.00 | 1:16.96 |  | 1:09.10 | 1:11.86 | 100 Breaststroke | 1:15.60 | 1:18.62 |
| 2:25.25 | 2:31.06 | 200 Breaststroke | 2:40.00 | 2:46.40 |  | 2:31.00 | 2:37.04 | 200 Breaststroke | 2:43.20 | 2:49.73 |
|  |  |  |  |  |  |  |  |  |  |  |
| 0:25.65 | 0:26.68 | 50 Butterfly | 0:28.40 | 0:29.54 |  | 0:26.80 | 0:27.87 | 50 Butterfly | 0:29.30 | 0:30.47 |
| 0:56.80 | 0:59.07 | 100 Butterfly | 1:03.25 | 1:05.78 |  | 0:59.00 | 1:01.36 | 100 Butterfly | 1:05.10 | 1:07.70 |
| 2:08.30 | 2:13.43 | 200 Butterfly | 2:20.70 | 2:26.33 |  | 2:12.50 | 2:17.80 | 200 Butterfly | 2:25.50 | 2:31.32 |
|  |  |  |  |  |  |  |  |  |  |  |
| 0:27.50 | 0:28.60 | 50 Backstroke | 0:30.50 | 0:31.72 |  | 0:28.40 | 0:29.54 | 50 Backstroke | 0:31.10 | 0:32.34 |
| 0:59.00 | 1:01.36 | 100 Backstroke | 1:04.90 | 1:07.50 |  | 1:00.70 | 1:03.13 | 100 Backstroke | 1:06.80 | 1:09.47 |
| 2:09.10 | 2:14.26 | 200 Backstroke | 2:20.00 | 2:25.60 |  | 2:12.60 | 2:17.90 | 200 Backstroke | 2:24.20 | 2:29.97 |
|  |  |  |  |  |  |  |  |  |  |  |
| 2:10.50 | 2:15.72 | 200 IM | 2:23.15 | 2:28.88 |  | 2:14.50 | 2:19.88 | 200 IM | 2:25.70 | 2:31.53 |
| 4:38.00 | 4:49.12 | 400 IM | 5:02.45 | 5:14.55 |  | 4:46.00 | 4:57.44 | 400 IM | 5:09.00 | 5:21.36 |

*QT = Qualification Time. Any swimmer with a QT for a given stroke/event is* ***guaranteed*** *to be swimming in the meet for that event. For all distances from 50m up to 400m they will swim in the morning session. At least 1 heat for the 1500m and 800m events will take place in the morning session. The fastest 8 entries in each of these events will swim in the final session.*

*CTs = Consideration Time. These allow those slower than the QTs to enter but prevent too many from entering. They do not guarantee a swim. If too many people enter the event on any given day and we cannot accommodate everyone within a reasonable session length, we will reject the slowest entries, based on time, across the different events that day. This is done proportionately so the slowest swimmers in each event and in both the open and junior categories will be unable to swim.  ie we do not only rule out junior swimmers, nor would we rule out swimmers in longer distance events in favour of those doing the shorter distances.*

**QUALIFICATION AND CONSIDERATION TIMES; MC Events**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Men** | | **Women** | |  |  | **Men** | | **Women** | |
|  | **qt** | **ct** | **qt** | **ct** |  | **qt** | **ct** | **qt** | **ct** |
| **50m freestyle** |  |  |  |  | **100m BACKSTROKE** |  |  |  |  |
| **S1** | 01:43.56 | 01:48.06 | 01:36.73 | 01:40.93 | **S6** | 01:31.63 | 01:35.62 | 01:38.10 | 01:42.36 |
| **S2** | 01:08.67 | 01:11.65 | 01:47.20 | 01:51.86 | **S7** | 01:23.73 | 01:27.37 | 01:37.14 | 01:41.36 |
| **S3** | 00:50.01 | 00:52.19 | 00:52.66 | 00:54.95 | **S8** | 01:18.97 | 01:22.40 | 01:29.58 | 01:33.48 |
| **S4** | 00:46.46 | 00:48.48 | 00:45.79 | 00:47.78 | **S9** | 01:14.44 | 01:17.68 | 01:22.82 | 01:26.42 |
| **S5** | 00:37.77 | 00:39.41 | 00:44.05 | 00:45.96 | **S10** | 01:08.20 | 01:11.16 | 01:19.79 | 01:23.26 |
| **S6** | 00:35.18 | 00:36.71 | 00:39.20 | 00:40.91 | **S11** | 01:23.86 | 01:27.50 | 01:33.55 | 01:37.62 |
| **S7** | 00:32.89 | 00:34.32 | 00:39.57 | 00:41.29 | **S12** | 01:10.68 | 01:13.75 | 01:23.57 | 01:27.20 |
| **S8** | 00:31.35 | 00:32.71 | 00:35.39 | 00:36.92 | **S13** | 01:09.95 | 01:13.00 | 01:19.70 | 01:23.16 |
| **S9** | 00:30.08 | 00:31.39 | 00:34.02 | 00:35.50 | **S14** | 01:11.00 | 01:14.09 | 01:17.49 | 01:20.86 |
| **S10** | 00:27.35 | 00:28.54 | 00:32.23 | 00:33.64 |  | | | | |
| **S11** | 00:31.06 | 00:32.41 | 00:35.72 | 00:37.27 | **100m BREASTSTROKE** |  |  |  |  |
| **S12** | 00:27.67 | 00:28.87 | 00:32.13 | 00:33.53 | **SB4** | 02:00.89 | 02:06.14 | 02:10.00 | 02:15.65 |
| **S13** | 00:27.36 | 00:28.55 | 00:31.88 | 00:33.26 | **SB5** | 01:53.25 | 01:58.18 | 01:56.43 | 02:01.49 |
| **100m freestyle** |  | | | | **SB6** | 01:37.17 | 01:41.40 | 01:55.79 | 02:00.83 |
| **S1** | 03:42.01 | 03:51.66 | 04:47.07 | 04:59.56 | **SB7** | 01:32.77 | 01:36.80 | 01:47.27 | 01:51.94 |
| **S2** | 03:05.29 | 03:13.34 | 03:49.11 | 03:59.08 | **SB8** | 01:22.70 | 01:26.29 | 01:37.40 | 01:41.64 |
| **S3** | 02:00.65 | 02:05.89 | 01:55.24 | 02:00.25 | **SB9** | 01:16.93 | 01:20.28 | 01:29.61 | 01:33.50 |
| **S4** | 01:39.50 | 01:43.82 | 01:40.19 | 01:44.54 | **SB11** | 01:28.72 | 01:32.58 | 01:40.34 | 01:44.70 |
| **S5** | 01:19.72 | 01:23.18 | 01:35.78 | 01:39.95 | **SB12** | 01:20.79 | 01:24.30 | 01:32.92 | 01:36.96 |
| **S6** | 01:15.99 | 01:19.30 | 01:24.50 | 01:28.18 | **SB13** | 01:17.84 | 01:21.23 | 01:28.24 | 01:32.08 |
| **S7** | 01:11.82 | 01:14.94 | 01:23.88 | 01:27.53 | **SB14** | 01:17.59 | 01:20.96 | 01:28.37 | 01:32.21 |
| **S8** | 01:08.79 | 01:11.78 | 01:15.49 | 01:18.77 |  | | | | |
| **S9** | 01:04.73 | 01:07.55 | 01:12.98 | 01:16.15 | **100m BUTTERFLY** |  |  |  |  |
| **S10** | 00:59.79 | 01:02.39 | 01:10.20 | 01:13.25 | **S8** | 01:12.05 | 01:15.18 | 01:28.27 | 01:32.11 |
| **S11** | 01:08.76 | 01:11.75 | 01:19.91 | 01:23.39 | **S9** | 01:09.87 | 01:12.91 | 01:19.78 | 01:23.24 |
| **S12** | 01:02.81 | 01:05.54 | 01:10.05 | 01:13.09 | **S10** | 01:04.24 | 01:07.03 | 01:17.99 | 01:21.38 |
| **S13** | 01:00.46 | 01:03.08 | 01:09.76 | 01:12.79 | **S11** | 01:15.26 | 01:18.53 | 01:36.80 | 01:41.00 |
| **s14** | 01:02.15 | 01:04.85 | 01:10.48 | 01:13.55 | **S12** | 01:06.67 | 01:09.56 | 01:18.13 | 01:21.53 |
| **200m IM** |  | | | | **S13** | 01:07.36 | 01:10.28 | 01:15.67 | 01:18.96 |
| **SM5** | 03:55.04 | 04:05.26 | 04:15.59 | 04:26.70 | **S14** | 01:06.54 | 01:09.43 | 01:15.29 | 01:18.56 |
| **SM6** | 03:13.22 | 03:21.62 | 03:30.91 | 03:40.08 |  | | | | |
| **SM7** | 02:59.93 | 03:07.75 | 03:29.91 | 03:39.04 |
| **SM8** | 02:47.23 | 02:54.50 | 03:14.33 | 03:22.78 |
| **SM9** | 02:39.73 | 02:46.68 | 03:03.15 | 03:11.11 |
| **SM10** | 02:32.55 | 02:39.18 | 02:51.27 | 02:58.72 |
| **SM11** | 02:54.88 | 03:02.48 | 03:28.20 | 03:37.25 |
| **SM12** | 02:38.64 | 02:45.54 | 03:00.25 | 03:08.09 |
| **SM13** | 02:35.28 | 02:42.04 | 02:48.66 | 02:55.99 |
| **SM14** | 02:32.63 | 02:39.26 | 02:46.76 | 02:54.01 |
|  | | | | |

**Swim ProgRAMME**

|  |  |  |
| --- | --- | --- |
| **Friday 13th March** | **Saturday 14th March** | **Sunday 15th March** |
| **Session 1:** **Morning – faster heats** | **Session 4: Morning – faster heats** | **Session 7: Morning – faster heats** |
| Men’s 1500m Freestyle (HDW)  **Women’s 100m Backstroke**  **Men’s 100m Backstroke**  Women’s 200m Butterfly  Men’s 200m Freestyle  **Women’s 50m Freestyle**  Men’s 50m Butterfly  Women’s 400m Freestyle  Men’s 200m Breaststroke  **Women’s 100m Breaststroke**  **Men’s 200m I.M.** | Men’s 400m I.M.  Women’s 800m Freestyle (HDW)  Men’s 50m Backstroke  Women’s 50m Backstroke  **Men’s 100m Breaststroke**  **Women’s 100m Butterfly**  Men’s 200m Butterfly  Women’s 400m I.M.  **Men’s 50m Freestyle**  Women’s 50m Breaststroke  Men’s 800m Freestyle (HDW)  Women’s 200m Freestyle | **Women’s 200m I.M.**  Men’s 50m Breaststroke  Women’s 50m Butterfly  Men’s 200m Backstroke  Women’s 200m Backstroke  **Men’s 100m Freestyle**  Women’s 200m Breaststroke  Men’s 400m Freestyle  Women’s 1500m Freestyle (HDW)  **Men’s 100m Butterfly**  **Women’s 100m Freestyle** |
| **Session 2: Afternoon – slower heats** | **Session 5: Afternoon – slower heats** | **Session 8: Afternoon – slower heats** |
| Men’s 1500m Freestyle (HDW)  **Women’s 100m Backstroke**  **Men’s 100m Backstroke**  Women’s 200m Butterfly  Men’s 200m Freestyle  **Women’s 50m Freestyle**  Men’s 50m Butterfly  Women’s 400m Freestyle  Men’s 200m Breaststroke  **Women’s 100m Breaststroke**  **Men’s 200m I.M.** | Men’s 400m I.M.  Women’s 800m Freestyle (HDW)  Men’s 50m Backstroke  Women’s 50m Backstroke  **Men’s 100m Breaststroke**  **Women’s 100m Butterfly**  Men’s 200m Butterfly  Women’s 400m I.M.  **Men’s 50m Freestyle**  Women’s 50m Breaststroke  Men’s 800m Freestyle (HDW)  Women’s 200m Freestyle | **Women’s 200m I.M.**  Men’s 50m Breaststroke  Women’s 50m Butterfly  Men’s 200m Backstroke  Women’s 200m Backstroke  **Men’s 100m Freestyle**  Women’s 200m Breaststroke  Men’s 400m Freestyle  Women’s 1500m Freestyle (HDW)  **Men’s 100m Butterfly**  **Women’s 100m Freestyle** |
| **Session 3: Evening** | **Session 6: Evening** | **Session 9: Evening** |
| Men’s 1500m Freestyle (fastest heat)  Women’s 100m Backstroke Junior, B, Open finals  Men’s 100m Backstroke Junior, B, Open finals  Women’s 200m Butterfly Junior, B, Open Finals  Men’s 200m Freestyle Junior, B, Open finals  Women’s 50m Freestyle and Men’s 50m Butterfly  Junior, Open finals and Skins  Women’s 400m Freestyle Junior and Open finals  Men’s 200m Breaststroke Junior, B, Open finals  Women’s 100m Breaststroke Junior, B, Open finals  Men’s 200m I.M. Junior, B, Open finals | Men’s 400m I.M. Junior and Open finals  Women’s 800m Freestyle (fastest heat)  Men’s and Women’s 50m Backstroke  Junior, Open finals and Skins  Men’s 100m Breaststroke Junior, B, Open finals  Women’s 100m Butterfly Junior, B, Open finals  Men’s 200m Butterfly Junior, B, Open Finals  Women’s 400m I.M. Junior and Open finals  Men’s 50m Freestyle and Women’s 50m Breaststroke  Junior, Open finals and Skins  Men’s 800m Freestyle (fastest heat)  Women’s 200m Freestyle Junior, B, Open finals | Women’s 200m I.M. Junior, B, Open finals  Men’s 50m Breaststroke and Women’s 50m Butterfly  Junior, Open finals and Skins  Men’s 200m Backstroke Junior, B, Open finals  Women’s 200m Backstroke Junior, B, Open finals  Men’s 100m Freestyle Junior, B, Open finals  Women’s 200m Breaststroke Junior, B, Open finals  Men’s 400m Freestyle Junior and Open finals  Women’s 1500m Freestyle (fastest heat)  Men’s 100m Butterfly Junior, B, Open finals  Women’s 100m Freestyle Junior, B, Open finals  **Events in bold have additional QTs/ CTs for MC athletes** |